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MIANIE M.Yu.

ESOTERICISM SOCIETY HUMAN



Mianie YU.

Ezotericism. Society. Human

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Аннотация

НЕЗАКОННОЕ ПОТРЕБЛЕНИЕ НАРКОТИЧЕСКИХ СРЕДСТВ, ПСИХОТРОПНЫХ ВЕЩЕСТВ, ИХ АНАЛОГОВ ПРИЧИНЯЕТ ВРЕД ЗДОРОВЬЮ, ИХ НЕЗАКОННЫЙ ОБОРОТ ЗАПРЕЩЕН И ВЛЕЧЕТ УСТАНОВЛЕННУЮ ЗАКОНОДАТЕЛЬСТВОМ ОТВЕТСТВЕННОСТЬ.

The future, more perfect society is, first of all, an order of magnitude more perfect, stronger, happier and successful person. And to become such a person, we need new knowledge and new technologies of our own development as a super goal for everyone, and purposeful formation of a worthy person, personality from childhood.

This book from the series «Esotericism for Beginners» is about exactly that: what the society of the future and the man of the future should be, and how to get there.

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Mianie M. YU.

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ABOUT THE BOOK

The collection contains articles by Academician Mianie M. Yu. The main theme is the revival of the spirituality of society through the development of personality on the basis of esoteric knowledge. The information will be of interest to all who pay attention to their own development, who work in the field of science, politics, education, business and who care about the fate of our society

The book is intended for a wide range of readers.

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PREFACE

“THE SYSTEM of Academician M. Yu. MIANIE”

This System was developed by researcher and Spiritual Teacher M. Yu. Mianie and represents a modern Teaching (it examines all factors influencing a person, their development, and destiny). The development of the core ideas, the accumulation and structuring of information, and the creation of a unified system of esoteric knowledge were carried out primarily between 1993 and 1998.

The Teaching is based on a synthesis of existing knowledge and the author's own fundamental research. Existing knowledge includes science (logic, psychology, control theory, etc.) and esoteric teachings that have yielded the greatest practical results in this area (classical yoga, Buddhism, Taoism, Confucianism, etc.). However, the majority of the System's knowledge (2/3) was obtained through direct interaction with the hierarchy of Light, the use of fundamentally new logical methods of information processing, and its experimental verification.

The System's primary focus (the primary goal of its creation) is the individual, their maximally effective development (intellectual, spiritual, energetic) and self-realization (work, service, personal life, shaping the environment). The second primary goal is the maximum possible contribution to the unification of all positive forces on Earth, the realization of the Creator's ideals (Love, Goodness, Justice, Strength, Non-violence and Development, Beauty, Harmony, Creation, Hierarchy), and the eradication of all manifestations of Evil (ignorance, lack of spirituality, poverty, disease, etc.).

The "System of Academician M. Yu. Mianie" includes the Teaching (theoretical foundations, training programs) and the organizational goals and objectives implementing it through the international Project "Spiritual Revival of Man and Society."

The Project's primary goal is to unite all positive forces in Society for creative activity, creating the conditions for a transition to a new level of development beyond democracy.

The Ultimate Goal is to introduce Spirituality (highest values, worthy goals, strong personal qualities, Honor, Nobility, Justice, etc.) into all key areas of society: Science, Education, Politics, Business, Culture, Social Movements, the Media, and the interaction of spiritual organizations.

The core idea of the Project is to introduce new standards of Spirituality in general and across various spheres of human

activity based on the formation of a unified understanding among people, regardless of their national, religious, or other affiliation, based on their attitude toward universal human values and the degree to which they are realized in life.

The most important tasks for the System's immediate development include gaining scientific recognition in the following areas: psychology (fundamentally new generalized criteria for assessing a person: level of development, positivity); social development theory (allowing not only to describe the past but also to construct mathematical models of future social structures); valeology (high school should prepare people for life, not just for the role of a performer); and others. We invite organizations and interested individuals to collaborate in the fields of science and esotericism.

HUMAN DEVELOPMENT SYSTEMS

“O most wise one, the tree of knowledge is infinite, but how can I find the branch that leads to the very top?”

Question of the King to the Master

There are about 2,000 teachings (systems of knowledge that answer all vital human questions) and 200,000 spiritual theories (answer individual questions) on Earth. Which is closer to the Truth?

1. Existing knowledge systems

In habitual thinking the main systems of knowledge (religion, science, esotericism) are most often opposed to each other, while logically they are inextricably interconnected. To understand this relationship, let us consider the progressive development of human knowledge about himself and the surrounding world in the direction of their complication, transition from one level to another and the role of religion, science and esotericism in this process, preliminarily introducing the definitions of the latter.

***Religion** is a system of knowledge about man and the surrounding world as a whole, transmitted, as a rule, through revelations from above, and characterized by initial techniques of spiritual development* (faith, prayer, worship of authorities). It is oriented mainly at the first level of people and dominated at the initial stages of society development, being one of the main factors uniting and regulating the norms of life for it along with power.

***Science** is a system of knowledge mainly about the manifested (material) world, based on logic, physical experimentation, economic expediency and, as a rule, atheism.* When it gains strength, it comes into confrontation with religion (transition to democracy) and at the moment it occupies the leading place in

terms of influence on society, explaining all processes taking place in this world through physical laws and relationships through psychology.

***Esotericism** is a system of knowledge about man, methods of his development from the 3rd to the 8th level, God, manifested and unmanifested worlds, based on informal logic, subjective experimentation and cognition of spiritual laws through direct interaction with the subtle world. It gives a person the maximum possible power (up to the disclosure of siddhis), and when it gets the dominant influence, the conditions for the transition to a new type of society (spiritual rebirth, aristocracy of the spirit) will be created.*

Most likely, these definitions require clarification, but they are enough to come to the following conclusion *basic systems of knowledge are not equivalent, but reflect different stages of human cognition*, are oriented to people of different levels and realize different goals (**religion** — 1st stage, the beginning of spiritual development; **science** — 2nd stage, the material world, the development of intelligence; **esotericism** — 3rd stage, the integrated development of all spiritual, energy and other abilities of man).

2. Basic doctrines

The ultimate goal of the article is to help a person to choose his own way of development, giving the necessary system of evaluations of existing directions, schools, etc. for this purpose. The first step we have made, we have established the connection of the main systems of knowledge with human levels, now we will make the second step — we will choose from the multitude of existing teachings only those that are closest to the understanding of the Truth, so they are able to provide a person with maximum opportunities for development.

For this purpose, we will use the analysis not of the number of followers (quantity), but of the results achieved by the representatives of certain teachings (quality). In this case we will get an interesting picture. Despite the huge number of doctrines and spiritual theories, only some of them, and each doctrine in its own sphere, allowed to achieve the highest possible indicators of development. The main ones are: philosophy of science, classical yoga and Buddhism.

Philosophy of science — logic, methods of cognition of the material world, on the basis of which the technical progress of society is carried out. This philosophy had the greatest influence on the development of man's intellect, but did not make

him happy. Esoteric teachings have not yet become generally accessible due to their complexity and very high requirements for a person, but only they purposefully develop his superpowers and form the maximum possible feeling of happiness.

Classical yoga — at the moment the only teaching that gives practically maximum results in the development of human energy abilities (intactness of the body, energy management, meditative techniques of communication with the higher world, others). ***Buddhism*** — is esoteric teaching for a smaller part of its followers (for the rest it is a religion), is the basis of the most part of martial arts (maximum body control abilities) and reveals many other abilities.

At the same time, world religions and many esoteric teachings are based on the same spiritual laws aimed at the realization of the Creator's ideals (love, goodness, justice, etc.). Thus, mass directions do not give high results, while the mentioned teachings have existed for a long time and still give unsurpassed results. The teachings of the future are likely to be even stronger, capable of uniting all existing teachings into a single whole.

3. Analysis of development systems

However, yoga and Buddhism in pure form are extremely rare (only about a dozen of the strongest schools) and have many secondary branches. But for development it is necessary to choose the direction that is available, so let us consider the classification of teachings according to their levels (determines the ceiling to which the system is potentially able to bring a person) and systematicity (determines the reality and effectiveness of achieving the set goals — the level of human development).

Levels of teachings — defined by the purpose of their existence and the development techniques used, correspond to the levels of human development. Teachings of the energy level — aimed at the development of maximum energy power, using techniques of self-infusion, meditation and various ways of working with energy. Teachings of mental levels — are directed on formation of ideal consciousness, use also techniques of reflections. Teachings of transmutational levels — aimed at the creation of God-man on Earth.

These levels allow for more detailed categorization and, with a normal approach, the transition from one level of teaching to another occurs naturally. Unfortunately, in many schools

there are rigid blocks (prohibitions) on transition to the next levels of development. For example, in religions — meditation, astrology and many other things (energy level) are considered to be “from the devil”, at the same time in meditative schools the development of the mind (mental level) is considered to be “clogging” of consciousness, etc.

Systematic — is defined by the presence of a well-defined development program and the completeness of the techniques used. For example, in yoga, martial arts and a number of other schools, classes are carefully planned and scheduled for many years in advance, which allows their followers to achieve significant results. On the other hand, there are directions where students are mostly left to themselves (Rerikh societies, Sri Chinmoy’s school), which considerably complicates their development.

Completeness implies the integrated use of all existing developmental techniques (physical exercises, self-meditation, meditation, work with information) and proportionate, step-by-step impact on all human components. For example, in integral yoga, energy development is realized with the help of one basic technique (contemplation), with influence only through one chakra (sahasrara, downward flow of force). Similarly in Sri Chinmoy’s school (meditation on love, inclusion of atman, the path of the heart). Therefore, the more complete the

methodology, the more effective it is.

4. Additional criteria

Development is one of the main karmic tasks of a person in any given life. The choice of the path of development requires responsibility and appropriate knowledge, if, of course, a person takes it seriously and does not attend various schools for the sake of entertainment, escape from life, etc. Therefore, let us consider a number of other criteria that allow us to evaluate the possible effectiveness of development in the existing esoteric schools (there are many misconceptions here).

Completeness of realization of karmic tasks is the first additional characteristic of a teaching, it is determined by the correspondence of its target settings to the basic life goals of a person (work, personal life, environment, development, feeling of happiness) set by spiritual laws. Teachings that ignore any of these goals contradict the laws of the subtle world and even sometimes become antisocial. Orientation on achieving all these goals makes the teachings more complex and effective.

The next indicator is *demandingness* or omnivorousness. Demandingness is based on understanding of regularities of development of the inner world of a person and therefore assumes fulfillment by listeners of clearly defined conditions (discipline, other personal qualities) when entering an esoteric

school. Omnivorosity speaks about the absence of the specified knowledge, leads to getting into the group of persons who pull back the development of other listeners.

The third additional characteristic that often hurts people's ego is whether relationships are ***hierarchical*** or democratic. All schools that give high performance are built on the principles of hierarchy, on the basis of respect of listeners to the teacher and older students (according to ability, not age), learning from them. Esoteric schools with democratic relationships between the master and trainees create a pleasant, friendly atmosphere, but make learning much more difficult.

The last additional indicator is ***clarity*** in regulating relationships, resolving conflicts, problems, etc. Its presence allows to quickly and timely solve various issues and remove the contradictions arising in the group. Its absence generates dissatisfaction leading to tension in the group, which, of course, does not contribute to effective learning. Clarity may not satisfy individual trainees, but it aims to build the group as a cohesive unit. So, if you understand or feel the need for development, the following ***rules*** may help you.

1. There are no ideal esoteric schools nowadays, each of them has its own advantages and disadvantages. But since development in the system is in most cases more effective than independent

development, *it is necessary to choose the best available school.*

2. *The strongest schools*, which give a person the highest possible abilities, make the *highest possible demands on him*: internal discipline, getting rid of all delusions and shortcomings, observing the rules of the system, etc.

3. *The main criterion* determining the strength of an esoteric school is its level, *which is determined by the level of goals and methods used* (systematicity). *Additional criteria are completeness of realization of karmic tasks, exactingness, hierarchy and clarity.*

WHAT TO BELIEVE?

“God forbid you to live in a period of change,” say the Chinese. But we are already unlucky, and it is at the stage of transition from the communist past to an incomprehensible future that you and I find ourselves. And since we are in such a time, there is nowhere to go — it is necessary either to find some normal way out of this situation or to live, to put it mildly, not very cheerful life.

Therefore, the purpose of this article is to identify the most significant internal and external human problems, analyze their causes and try to find the most worthy solution.

1. Main problems and their causes

It is known that human consciousness in one form or another reflects the processes taking place in society, so let us try to characterize them. The following picture emerges: what we observe can be called a struggle between two competing ideologies — communist and democratic. Both rivals have their advantages and disadvantages, but judging by the latest results of this struggle, their forces are approximately equal. And as long as this confrontation continues, the society will not be able to move from the dead point and will degrade further, dragging millions of people to the bottom.

One of the most harmful consequences of the ongoing struggle of ideologies is the destruction of the perceptions, goals, ideals and values that were in force in society and man without their adequate replacement. This deprives many people of understanding the meaning of their lives, undermines the foundations of spirituality and generates a huge charge of negative energies. Under such conditions, it is quite natural that far from the best attributes of democracy appear on the stage in the main roles: venality, thirst for profit, the cult of violence (crime) and sensual pleasures (sex, food, comfort). Sadly, if this is taken as a basis, then man will not be very different from an animal.

As a result of all this, many people have lost respect for themselves and do not know what else to strive for besides survival, what to believe in and what to count on in the near future. High feelings and the best qualities disappear from relationships: love is replaced by sex, loyalty and friendship — by profit, respect — by flattery, sincerity — by deceit... People's attitude to politics and power smoothly flows from distrust, criticism and rejection to absolute indifference. Therefore, it is quite natural that the increase in drug addiction, prostitution and the growing number of suicides in the country is no longer surprising to anyone.

The situation is aggravated by the fact that modern science (in Western countries, among others) is mainly focused on the development of technology and economy, and pays little attention to the research of Man himself. The same can be said about the education system as a whole — it gives mainly professional training and does not teach a person the art of life. *Neither in school nor in higher education they teach how to choose life goals, how to understand and evaluate oneself, how to make friends, create a family, how to establish strong positive relationships, how to make a career, etc.*

2. Possible path

It is clear to most people that effective development of society is possible only if there is a clearly defined goal — a model of society and the dominance of the ideology corresponding to it. Neither democracy nor communism can fully claim this role, because, on the one hand, they are approximately equal in strength, and on the other hand, they have largely exhausted their potential and are unable to solve all human problems. Therefore, the most probable way out of the current situation is the creation of a new social theory capable of defeating any of the current ideologies and uniting political and other forces of society on its basis.

Let us try to formulate the requirements for such a theory. The society of the future cannot allow a person to get answers to the most important questions of life “on the street”, from any dubious sources or from uneducated parents. Such questions include the following: how a person is formed, what his abilities and destiny depend on, how to organize his life in the best possible way, and many others. All this should become the subject of deep scientific research and, most likely, in the center of the new social theory will be the knowledge about Man himself, ways of his development and self-realization.

Knowledge is primary. They form human consciousness, his perceptions, aspirations, goals and abilities. People, by virtue of their abilities, choose power, establish all social, including economic relations. The goods that society creates are the final result of its organization and activity. Therefore, firstly, attempts to improve the economy without a qualitatively new level of knowledge, without changing the person and the system of relationships in general, will not be able to lead to significant progress in society. Secondly, the society of the future, realizing these regularities, in the interests of its development should put the knowledge about Man, his education and upbringing as a strong, socially active personality in the first place.

However, all this is in the possible future. What should a person do now? — At least what depends directly on him: self-realization in the family, at work, in relationships with others. In many respects this is enough to make one's life rich and happy. But this requires *appropriate knowledge and abilities*. And since we have not received them before, now this knowledge and abilities should be gained independently through our own cognition and development. However, for this purpose we will have to give up many illusions: that our ideas about the world are flawless, that the state will take care of us, that our own weaknesses, foolishnesses and mistakes will be constantly forgiven, etc.

3. First steps

It is possible that such a complex approach is realized by others, at least the author is not aware of it, but “Development of the Human” System is created and works in this direction. Its main activity is conducting fundamental research, publishing its books, creating training programs and training its listeners. This is manifested in the following:

First, on the basis of analyzing the regularities of society's development (its strengthening, complication, increase in the degree of positivity), a new social theory is being developed, aimed at long-term forecasting of the development of social processes and choosing, on the basis of this, the optimal management strategy.

Secondly, the society of the future needs a new, in all respects more perfect person, whose preparation is achieved by fundamental changes in the very approach to learning, which is realized within the System. That is, information in training programs is presented in proportion to the extent to which it affects the main indicators of human life: the level of his development (perceptions, abilities, external manifestations) and destiny (self-realization in the family, at work and in relationships). At the same time, there is a synthesis of both

scientific and esoteric knowledge (no matter what people believe in, but the results shown by masters of yoga and martial arts are based on esotericism and are unavailable to athletes based on the latest achievements of science and technology).

And, although *the ultimate goal of the System is the most effective development of all human abilities*, we start from a small place. According to our research results, which largely coincide with UNESCO data, about 70% of all people's problems lie in the sphere of psychology and life organization. That is why we start our work with the main contingent of our listeners with the complex solution of the above-mentioned problems (organization of corresponding groups is carried out regularly). Only then can we move on to the purposeful development of intellect, spirituality and will, which is achieved through the system of continuous evening education.

LEVELS OF HUMAN DEVELOPMENT (*PATH THROUGH THE INCARNATIONS*)

Have you ever wondered why some individuals were able to leave such a mark on history that they are remembered for hundreds and sometimes thousands of years, while the other billions are not even aware of their existence? Most likely, because they were capable of it.

Unfortunately, in society the criteria for evaluating human abilities are far from ideal, which often does not allow us to determine the best politician, scientist, etc., but the higher forces in the subtle world have these criteria. We will consider them.

1. The role of levels in the subtle world

The level of a human being's development is his *first* basic characteristic in the subtle world, which in a generalized form evaluates all his manifestations: beliefs, aspirations, goals, abilities, peculiarities of structure and many other things. In total there are eight such levels for a human being, which he passes through during his evolution on Earth from one incarnation to another, which corresponds to the initial stage of his general evolution. Then the development can be continued in the cosmos ("birth in the world of gods" — according to Buddhism).

This characteristic is not without reason considered the most important, because on the one hand, it is the basis for Karma to make many key decisions about the fate of a person (conditions of birth, karmic tasks, responsibility, etc.), and on the other hand, it allows us to clearly divide all existing things into two parts: in principle accessible for its perception, understanding and use (corresponds to the already passed levels) and inaccessible (corresponds to the not yet passed levels).

The second most important characteristic of a human being in the subtle world is the *direction* of his *development*, which, like his first characteristic, is generalized, but evaluates his manifestations by the degree of their positivity (correspondence

to the ideals and laws of the Creator). The direction of development in many respects predetermines the patrons of a person, the energies on which he lives, the information used, the abilities and opportunities received, destiny and everything connected with it.

Positive orientation — corresponds to a person's entry into the hierarchy of Light and advancement in it. This path provides people with the greatest prospects (continuation of development in the cosmos: reaching the level of gods of galaxies, universes, etc., which is partially described in Buddhism), but requires from a person the maximum concentration of all efforts to get rid of weakness and stupidity, to fight against Evil, to develop inner self-discipline and much more.

Negative orientation of development — corresponds to conscious or unconscious service to Evil, i.e. everything that is aimed at destruction, at opposition to the will of God. This path is a dead end, although it gives an opportunity to reach a rather high 7th level. The gray path is an attempt to reconcile Good and Evil, involves the simultaneous use of both light and dark energies, which does not give integrity and does not lead above the 4th level.

2. The basic laws of levels of development

Many different laws are connected with the levels of development in the subtle world. Let us point out the most important of them.

Law 1. *Self-realization of a person in family, society, etc.* — should clearly correspond to the level of his/her development (underestimation of one's self-realization is a violation and leads to unfavorable incarnations).

Law 2. *Relationships with unequals* — must be hierarchical (respect, training), with equals — democratic (for compliance with this law is given magic, etc.).

The following law describes the internal causes by virtue of which a person develops or degenerates, reaches or fails to reach the level potentially available to him.

Law 3. *Man's perceptions* (thoughts, beliefs, faith) *are primary*, they determine aspirations and goals, which, in turn, lead to the development of their corresponding abilities. These abilities then determine a person's place in society and ultimately his destiny.

It should also be noted that according to the laws of the subtle world *human development should be complex*, it is inherent in his nature. For example, spiritual development (formation of thinking and behavior) automatically leads to the purification of consciousness (removal of magic, blocks, etc.) and therefore is the main condition for the disclosure of many abilities. In turn, the disclosure of abilities increases a person's capabilities (access to energy, information) and the efficiency of any activity.

In most cases people develop automatically, i.e. Karma sets the destiny (country, parents, time of birth, etc.) and a number of situations in which a person has to learn something. If he has learned and passed the "lesson", he gets some karmic reward (a pleasant surprise, entrance to a new level of situations and destiny, etc.), otherwise he will have to suffer indefinitely. The average speed of such development is 5—7 lives per one level.

However, *this speed can be significantly increased if a person proceeds to the purposeful development of all his abilities*. For this purpose, first of all, there are various esoteric schools, the best of which are able to raise a person to several levels in one lifetime. At the moment, unfortunately, there are very few such schools and they are often oriented to people who have already reached a high level in previous incarnations.

3. Levels of development of spiritual abilities

Spiritual abilities, first of all, include a person's perceptions (the ability to understand their respective areas of knowledge), aspirations, goals (follow from aspirations, give them a concrete form), qualities and emotions, which is externally perceived through human behavior and activity. All these abilities from the lower levels to the upper ones go in the direction of their complication, increasing the inner strength of a person and his/her capabilities.

Initial levels (1st and 2nd) — are characterized by simplified ideas about esoteric knowledge (religion) or their rejection (materialism), so here the aspirations to **actions** and material values (1st level — workers, shudras, about 80% of people), sensual pleasures (sex, food, comfort) and power (2nd level — businessmen, vaishyas, about 15% of people) dominate, techniques of inner development are absent, abilities are not purposefully revealed.

Energy level (3rd) — corresponds to the beginning of esoteric development, the basic concepts of which are based on the understanding of the laws of energy and its role in human life and the surrounding world. These representations set the aspiration to

energy power and the goals corresponding to it: the development of personal qualities (code of honor), energy abilities and other manifestations of the Force (the way of the Warrior, kshatriyas, leaders, personalities, about 3% of all people).

***Mental levels (4th-6th)** — have basic ideas based on understanding of the primacy of spiritual laws in human life (fulfillment of these laws — positive consequences, violation — negative consequences), recognition of perfection, logic and power of God. **Basic aspirations** — to knowledge, service to society and harmonious development (the way of the man of Knowledge, Brahmins, spiritual teachers, scientists, public figures, about 2% of people).*

***Transmutational levels (7th-8th)** — based on the knowledge of the laws of the Cosmos about the purpose of man, the development of our civilization, the place of people and the earth in the evolution of the universe, etc. **The main aspirations** are to serve God (development of people, fight against evil) and to understand everything that is going on (the way of Messiah, Brahmas, founders of religions, great reformers and scientists, now about a dozen people).*

These differences in perceptions, aspirations and goals by levels of development are precisely one of the reasons for many contradictions and conflicts, both between individuals and

different social groups.

4. Levels of development of energetic abilities

Energetic abilities are often the most interesting, as they give real power over oneself and the various forces of nature. These abilities are also clearly categorized by levels of development. Each of them has its own energies (the strength of the accumulated energy determines the range of available abilities), peculiarities of the energetic structure and thinking, and the development techniques used (which determine the possibilities of opening the abilities).

Initial levels — are characterized at best by the development of only the physical body (2nd level) or complete absence of purposeful development (1st level). Their basic energies are physical and etheric, they do not allow to go beyond the limits of usual human capabilities. People of these levels have the simplest possible energetic structure (additional systems are not revealed) and initial organization of thinking (if muladhara and svadhisthana rule).

The energy level is characterized by the ability to control one's states and energy flows, revealing a part of psychic abilities (vision, etc.), increasing physical strength by 3 times, etc. The development of these abilities is achieved by accessing the

energies of the astral level, revealing a number of additional systems of synthesis and recruitment of energy, transferring to the intellect the control of thinking (subordination of all manifestations to the goals set), using the techniques of self-injury and meditation.

Mental levels — characterized by complete control of one's states, energies and systems, disclosure of all psychic abilities and increase of physical strength by 5—15 times. The development of these abilities is achieved by mastering the energies of the mental, karmic and buddhic levels, revealing many additional systems and a number of chakras, forming ideal consciousness, using self-injury, meditation and reflection (self-programming, cognitive methods, etc.).

Transmutation levels are characterized by supernatural states capable of influencing masses of people, disclosure of siddhis (levitation, change of body shape and volume, etc.), increase of physical strength up to 100 times, possibility of obtaining immortality (life up to 1000 years). These abilities are achieved by restructuring all systems to work with energies of spiritual and absolute levels (transmutation), superconscious thought control (from the Atman) and special techniques.

Thus, the following **conclusions** can be drawn.

1. The level of human development — its main

characteristic in the subtle world, which allows to understand the optimal direction of development, natural, inherent in the nature of man, the sequence of changing interests, aspirations, goals, etc.

2. Misunderstanding of levels and their laws — leads to various violations and negative karmic consequences, hinders the formation of adequate self-esteem, the choice of life goals and development system, is one of the causes of contradictions in society.

3. The effectiveness of training in any esoteric system is the higher the closer its program comes to understanding the requirements of the subtle world for the complex, consistent development of all human abilities.

COMMUNITY TRANSFORMATION PROJECT (*MAIN PROVISIONS*)

***The purpose of the work** is to present the basic principles of the project of creating a new type of society, capable of more effective development and solving existing socio-economic problems than the current systems.*

***The basis of the approach** is that most of society's problems are caused by the lack of a unified theory capable of giving clearly defined goals, values and methods of achieving them, and of harmonizing the interests of the state, groups and individuals.*

***Theory development** — is carried out on the basis of bringing informalized knowledge about man and society to the level of mathematical precision through the development of informal logic (a system of working with natural-language statements).*

Structure of the paper — presents the basic principles of the state structure (section 3) and its economic system (section 4) based on the results of Mianye M.Y.'s research on philosophy (section 1) and human consciousness (section 2).

1. Approach to project development

Principle 1. *Certainty* — is based on the introduction of vectors of their development and degradation for all complex systems, including man and society. At the same time, development means strengthening and complication of systems, and degradation means their weakening and reduction of complexity. *An optimal society should be oriented towards the most efficient development of all its components.*

Principle 2. *Harmonicity* — is based on introduction of development levels (complexity) for all systems and, first of all, for human knowledge and mutual relations. The levels are determined by qualitative transitions on the vectors of development and degradation. *Optimal society — should be built on the basis of consistency of all its components by levels of development (complexity).*

Principle 3. *Positivity* — is based on the introduction of clear rules of positivity and negativity (Good and Evil) for all systems and their manifestations. At the same time, positivity means everything that corresponds to universal human values, and negativity means everything that contradicts it. *An optimal society should maximally stimulate all positive and block all negative manifestations.*

Principle 4. Systemic — is based on the use of informal logic to harmonize the created laws of life activity between different parts of the society model. *In an optimal society, all laws should be developed as the best methods of realizing universal values and achieving the most effective development.*

2. Utilizing human knowledge

Principle 1. Relevance — is based on the fact that the main driving force of society is the interests of its members, which are determined by human nature and shaped by upbringing, education and living conditions. *Optimal society — for its development should provide opportunities and stimulate the realization of all positive aspirations of people and groups, removing contradictions between them.*

Principle 2. Inequality — is based on the fact that the main qualitative differences between people are set by their level of development, which characterizes the abilities of understanding, decision-making and activity, and not by nationality, faith, etc. *An optimal society should maximally stimulate the development of its members and provide them with opportunities in accordance with their level of development and degree of positivity.*

Principle 3. Rationality — is based on the fact that one of the main causes of negative manifestations in society is their profitability, set by the introduction of the contradiction between the spiritual and material. *An optimal society should remove this contradiction, create conditions under which any negative manifestations become unprofitable morally, materially, and are timely blocked.*

Principle 4. Citizenship — is based on the fact that the second main cause of negative manifestations in society is the inability of a person to solve problems by positive methods. *An optimal society for the formation of social activity of its citizens must be responsible for their upbringing and teach people the art of external and internal self-realization.*

3. Spiritual Renaissance Society

Problem 1. *Weak personal qualities and unprofessionalism of many managers, frequent rejection of strong personalities and professionals by the state system, which is allowed by the current legislation.* **Principle 1.** *An optimal society should give access to power according to personal qualities and distribute functions according to a person's abilities on the basis of clearly defined criteria.*

Problem 2. *Imperfection of the electoral system and power, manifested in their unwieldiness, detachment from the voters, lack, in many cases, of opportunities and abilities of the latter to adequately assess and select worthy leaders.* **Principle 2.** *The optimal society should move to a multistage system of elections, in which each leader is personally responsible to each of his voters.*

Problem 3. *In the current system there are great opportunities for subjective decision-making by managers that contradict the interests of society.* **Principle 3.** *The adequacy of managers' activity requires the development of clearly defined rules of decision-making, the introduction of a point evaluation of their activity according to the final result, and professional training of politicians and managers at all levels.*

Problem 4. *Struggle between different political forces and individual leaders, set by the presence of their conflicting interests.* **Principle 4.** *In order to create an optimal society, it is necessary to unite most of the political forces into a coherent system based on an ideology that forms politicians as a leading class with common interests.*

4. Solving economic problems

Problem 1. *Imperfect legislation that blocks the possibility of legal effective activity in many spheres, leading to the emergence of shadow economy and the growth of mafia structures.*

Principle 1. *An optimal society should stimulate the activity necessary for it morally and materially through payment in proportion to the complexity, quality and volume of labor.*

Problem 2. *Existence of a shadow economy that diverts significant human resources, living at the expense of society and blocking legal activities.* **Principle 2.** *An optimal society should, firstly, create conditions under which illegal activities become extremely unprofitable, and secondly, establish effective work of law enforcement structures.*

Problem 3. *Corruption of power structures manifested in decision-making in personal or group interests to the detriment of society.* **Principle 3.** *An optimal society should make bribery unprofitable through the inclusion of a mechanism for paying executives with a meaningful percentage of their company or region's performance.*

Problem 4. *The rigidity of many politicians' approach to the market and planned economy, which in their pure form work*

equally badly. ***Principle 4.*** *The optimal society should be based on a planned market economy with a multi-structure form of ownership, which should operate in equal conditions.*

Conclusions

The creation of a Spiritual Renaissance Society involves the realization of the following main stages.

Stage 1. Theory formation — development of a complete, clearly defined model of society and a program for its implementation.

Stage 2. Creation of the core — unification of political forces on this platform and formation of the corresponding social movement.

Stage 3. Access to governance — maximizing this movement and gaining dominant influence over society.

Stage 4. Transformation of society — practical implementation of reforms of government, economy, education, science and other areas of society.

ESOTERIC THINKING OR WHAT PEOPLE BELIEVE

Despite the fact that the latest achievements of science and technology are used to train athletes, they are still not able to show the results available to representatives of esoteric systems (for example, Sri Chinmoy lifts two tons with one hand).

The principal differences of the latter training are: purposeful formation of personal qualities, use of energy techniques (self-infusion, meditation) in inseparable connection with philosophical training, i.e. with the development of thinking, which is considered in this article.

1. Habitual thinking

The basis of habitual thinking, peculiar to most people, is weakness (inability to do anything) in its various manifestations and lack of desire to get rid of this weakness. It is based, first of all, on three “whales”: irresponsibility, inadequate self-esteem and closedness to knowledge, which are transmitted to us first by parents, then by street, school, etc. in accordance with the stereotypes operating in society.

Let's try to study these “whales” in more detail.

Irresponsibility — *corresponds to the inability or unwillingness of a person to be responsible, first of all, for his/her own manifestations (emotions, states, abilities, etc.), fate and events. It is set by a passive attitude to life, which our society contributes to by ignorance or misunderstanding of spiritual and social laws, techniques of self-change and, ultimately, blocks one of the main components of human consciousness — his will.*

Inadequate self-esteem — *most often set by wrong upbringing or the attitude of others, which can undermine a person's faith in himself (type “Nothing” — “I will never succeed”) or, conversely, put him above others (type “Pride” — “I am always right, I am perfect”). In both cases, a person forms a distorted*

perception of himself and the reactions of the world around him, which corresponds to the blocking of the second main component of consciousness — spirituality.

Closedness to cognition — *corresponds to a person's inability or unwillingness to think about what can change his inner world* (perceptions, qualities, etc.), even if these perceptions and qualities make him suffer, degrade and deprive him of what he wants. This is most often based on dogmatism (it should be only this way) and a motivation system that blames people and the world for “imperfection” (inconsistency with perceptions), which blocks the last component of consciousness — intellect.

If a person lacks at least one of these qualities, he has a chance to become on the path of development. As a rule, this happens with the help of Karma, its influences on the unblocked part of consciousness: being put in a situation of survival (activation of the will, e.g. P. Bregg), entering a dead end of development (activation of spirituality, re-evaluation of oneself and one's life), encountering the unknowable (activation of the intellect). The simultaneous presence of all these qualities in a person almost completely deprives him/her of the possibility of development in a given life.

2. Esoteric thinking

The first thing that must be done to gain the ability to change oneself and one's life is to recognize that states of weakness, poverty and lack of happiness are not normal for a person, that he or she suffers where he or she is deluded or does not have the appropriate strength to cope with this or that problem. The next step is to get rid of habitual thinking, i.e., the purposeful formation of the qualities that determine the capacity for development.

***Responsibility** is the first main characteristic of esoteric thinking, which extends to all spheres of human life and includes his will (the inner source of energy of transformation and activity) in the maximum possible mode of operation. Taking responsibility for one's manifestations and one's destiny is a turning point in a person's life; in the subtle world it corresponds to the connection of forces responsible for the realization of goals on Earth.*

***Dynamic self-esteem** is a perception of oneself that maximally activates a person's aspiration for development and at the same time makes him/her resistant to various assessments of others. The formation of this self-esteem is reduced to the concept of the following universal formula: "I have many shortcomings and*

merits, but the main thing that gives me confidence is striving for perfection, constant work on myself, getting rid of all the shortcomings and strengthening the merits”.

Openness to cognition — *the ability of unbiased perception and understanding of information transforming a person.* This, first of all, refers to criticism (its reasonable use allows one to realize already manifested shortcomings and get rid of them) and following the chosen path of development (in many cases, a person must go through trust in the Teacher, despite the fact that his words may contradict conventional wisdom).

It is the most difficult to pass through this first stage of thought restructuring, as one has to overcome a lot of internal obstacles, while the other stages logically follow one from the other with the right approach to training, so it is easier to move to them. Stage two — the passage of the third level of development, involves the purposeful development of personal qualities through meditation and activity. At the next stages a person becomes a skillful “programmer” — with the help of his thoughts-programs he forms an ideal consciousness.

3. Esoteric attitude to life

Life for a person who has taken the path of development ceases to be an obligation and turns into an amazing opportunity to do a lot of interesting things. Firstly, it is self-development, revealing new abilities, secrets of subconsciousness, etc., secondly, correction of one's karma (atonement of past sins and delusions), formation of future destiny (committing worthy deeds) and many other things.

At the same time, a person learns both to be content with little and to achieve the maximum in all his manifestations: to learn to live, to set and realize worthy goals without fear of losing everything in an instant. One of the key distinctions of a person following this path is the dominance of spiritual values over material ones, when the concept of honor becomes not an empty sound, but one of the cornerstones of his personality.

Honor is a person's internal demand on himself or herself to abide by a certain code of honor accepted in a particular system. These codes may vary greatly, but most often they are based on *two basic rules*:

1. The necessity of one's own impeccable behavior that does not hurt the honor and dignity of others, consideration for one's

neighbors.

2. The need to defend one's honor and the honor of one's loved ones, to leave no insult or humiliation unpunished.

However, if for a warrior or an aristocrat the defense of honor can be expressed in the form of a duel, then for an esoteric person it often takes place differently, as he has the opportunity to use the knowledge of the invisible world. That is, a duel can take place, but in the astral world, where magic, patronage of the forces of Light, etc. are at one's disposal, the main thing is that justice should prevail and evil should not go unpunished.

A person with fully formed thinking is devoid of fear, he believes that if his behavior is flawless, he is under the protection of the Absolute, and if God sends him trials, he is ready to accept them all. Besides, he believes and has an opportunity to practically check the immortality of his soul, to enter the subtle world and communicate with long-gone people, to study the laws of fate by the history of their incarnations and many other things.

4. Basic principles of energy development

Esotericism provides a person with huge opportunities, not yet studied by science, but it is quite difficult to understand independently in the mass of various recommendations, including those on the disclosure of energetic abilities. Therefore, out of all these recommendations we will single out the main ones that determine the effectiveness of human development, the violation of which brings almost all efforts to naught. The same *principles allow us to evaluate the effectiveness of esoteric development systems.*

Principle 1. *The basis of energy development* (revealing psychic abilities, learning to control one's energies and systems, strengthening the body through self-infusion, meditation, etc.) *is the accumulation of energy* (increasing its volume, improving its quality). Accumulation of energy is a long-term goal, one of the main goals in development, which is realized through purposeful accumulation of energy, preservation of the latter and its rational use.

Principle 2. *The set of energy should be regular and complex* (for all components of a person). In this case, physical exercises energize mainly the physical body, meditation — mainly the subtle bodies, self-infusion — mainly the chakras

(consciousness). A set of energy for only one of the human components can initially give certain results, but then, having exhausted its reserve, blocks further development.

Principle 3. *Conservation of energy should be constant throughout the day, which is achieved through the development of self-control and abilities to manage one's state* (in classical yoga this corresponds to Niyama, in religions — life with love in the heart). At the initial stages of development a person practically does not perceive his or her state, while at the subsequent stages it acquires great value (negative state — loss of energy, positive state — its preservation and automatic recruitment).

Principle 4. *Rational use of energy implies the ability to invest it* (in business, communication, etc.) *in such a way that it brings maximum return* (achievement of goals, development of relationships). This is achieved by rational organization of life (rhythm, full use of one's potential, absence of overload) and mastering psychology (with whom and how to communicate so that it brings joy, inflow of positive energies, and not vice versa — their outflow).

So, if you have awakened interest in esoteric knowledge, and you want to practically realize it in yourself, it is desirable to remember the following ***basic rules***:

1. The path of development is not always strewn with roses, to the top reach only a few, the most aspiring, *so never despair and do not lose heart — only in this case, any goals will become available.*

2. Before you start studying esoteric theory, and even more so before you start practicing it, *make sure that you are internally ready for it, i.e. you have taken responsibility for your manifestations and your destiny, you have set a dynamic self-esteem and opened yourself to knowledge, to changing yourself.*

Developing in any system is in most cases more effective than moving forward on your own, so from all the available systems choose the one that will give you maximum opportunities or create your own.

ALL O'KEY?!

You can easily check to what extent your knowledge about people and yourself is true. All you have to do is assess how happy you are. If everything works out and you are in a good mood all day long, you can congratulate yourself. If, however, at least sometimes the cats are scratching at your soul and the actual is quite different from the desired, then it is time to think: "Am I doing everything to become a happy person?"

1. Formula for happiness

Of course, any normal person would like to be happy, and he or she could use such a formula, but “common sense” suggests that it does not exist and cannot be. Indeed, there were many failures on the way of searching for this formula, which testifies, however, only to the incredible complexity of the problem, not to the impossibility of its solution. Therefore, let us try to reason and get the simplest possible answer to a very complex question about happiness.

Let's start by analyzing where our life goes, i.e. what we spend our time on. We will get the following picture. The main components of life that characterize the destiny of a person are: work (it determines the position in society, welfare and much more), personal life (love, family, children), environment (friendship, respect, mutual help), development (health, all kinds of abilities and our attitude to life), all kinds of expenses that are not of great interest (household, transportation, etc.).

In this case, the main condition for complete happiness can be considered an interesting and well-paid job, a rich, joy-giving personal life, the presence of reliable and loyal friends. But this is not enough. It is also necessary to be able to treat all this very carefully and carefully, so as not to lose anything and not to stay

at the “broken trough”. After all, almost all people at least once in their lives experience love, but not many people can keep it.

In his time, the Strugatskys gave an extremely short formula of happiness: “I want — I can”. If we develop it further, then it’s just a matter of answering only two questions for ourselves: 1. “What is it necessary to want — so that it is most suitable for me personally, was available, worthy and would involve the least losses?”. 2. “How can it be achieved, what abilities and capabilities are required to achieve it, and where can it all be learned?”

Thus, *the formula for happiness* is quite simple — in order to obtain it, it is necessary to be able to choose goals (i.e. to know clearly what we want from work, personal life, environment and from ourselves) and to achieve them in the best possible way. There is only one way to achieve this — obtaining relevant knowledge, self-knowledge, getting rid of shortcomings and prejudices, enhancing virtues and revealing all abilities inherent in a person through purposeful development.

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