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MIANIE M.Yu.

HUMAN CONSCIOUSNESS



Mianie M. Yu.

Human consciousness

«Издательские решения»

Mianie M. Yu.

Human consciousness / Mianie M. Yu. — «Издательские решения»,

This book is dedicated to solving one of the most complex and important problems: understanding how our consciousness is structured and functions, how it can and should be developed and changed for the better, how and in what ways it is programmed and influences our destiny. Essentially, it examines the structure of the human Soul at the energy-informational level with a fairly high degree of detail. Most of the concepts are unique and not presented anywhere else.

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ABOUT THE BOOK

The book is devoted to solving one of the most difficult and important problems — creating a systematized description of all issues related to human consciousness. The following topics are considered: energy-information structure of consciousness and mechanisms of its work, stages of natural development of consciousness during human life, levels of development of consciousness and destiny, basic principles and techniques used in esoteric schools for the development of consciousness.

The information is presented in an extremely concise form, so it assumes an independent study; it does not contain undeciphered terms and references to other sources, it is available for those who are just beginning the search for the way and knowledge of themselves.

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INTRODUCTION

Understanding of everything that concerns the nature of consciousness, principles of its formation and possibilities of development is of interest to most people and is one of the key issues of religion, science and esotericism. The reasons for close attention to this topic in many cases are obvious, the main one being the following: knowledge of the mechanisms of work and regularities of transformation of consciousness gives a person the key to achieving maximum power based on purposeful development of inner abilities and abilities of effective interaction with people and the surrounding world. Therefore, the purpose of this work is to present in a systematic form the main provisions of the author's Scientific and Educational Center «THE SYSTEM of Academician M. Yu. MIANIE» on consciousness.

The knowledge of this system represents the Whole and contains the answers to all basic questions about man, the surrounding world and the philosophy of the Cosmos, necessary for successful advancement along of the hierarchy of Light. This knowledge is intended for the most effective transfer of man to the next stages of development, however, until now it has been closed and unknown to a wide audience. To understand the reasons for the transfer of this information, peculiarities and advantages of this system, let us consider a number of issues, including the role of esotericism in the general system of knowledge and the tendencies of its change.

1. Place of esotericism in the general system of knowledge about the world

If we consider all knowledge created by mankind, it can be categorized into three main types: religious, scientific and esoteric. Each of these types is based on its basic ideas, oriented to a certain range of people and dominates in its corresponding period of time. Let us give a brief description of them.

Religion is a system of knowledge about the world, based, as a rule, on revelations, faith, prayers, worship of authorities, saints and shrines. It dominates in the initial periods of society development, along with the power determines the norms of people's life and shapes their thinking through the transfer of knowledge about God, the subtle world, consciousness, etc. in an accessible form.

Science is a system of knowledge mainly about the material world, based on logic, practical evidence and experimentation. In the period of its rapid development, it comes into struggle with religion and partially takes its place in terms of its influence on society, describing the regularities of this world through physical laws and relationships through psychology. However, despite the huge successes, science has not been able to answer a number of the most important questions and bring people to a new level of spirituality, so religion explains what science is unable to penetrate — it is an understanding of the higher forces, soul, sublime feelings and much more.

Esotericism is a system of knowledge about man and methods of purposeful development of his abilities (from elementary skills to siddhis), society, God, manifested and unmanifested worlds. It is based on higher, in comparison with science, levels of logic, requirements for continuous development (perfection) of its members and their reaching the level of direct perception of the world through the disclosure of superpowers. It has always existed in parallel with religion, but due to the complexity of ideas and high requirements to its members it was focused on a narrow, clearly defined circle of its followers. Esoteric knowledge gives a person maximum power and just now, when the general level of people has grown significantly, and science and religion are unable to cope with the problems of society, the need for this knowledge has increased manifold.

2. Problems of society and increasing influence of esoteric knowledge

In addition to many well-known problems, there are some that only a few people can understand. First and foremost

They include the fact that at the moment people have accumulated such a volume of negative energies that threaten the existence of the Earth itself. To prevent its destruction, the Cosmos takes emergency measures in extreme cases, which has already caused the death of previous civilizations. Therefore, at present many positive esoteric forces are focused on preventing a possible global catastrophe, which is achieved by education and other methods of neutralizing negative energy, information and their corresponding negative manifestations.

The main intrinsic reason for this situation is the predominant underdevelopment of people, which leads to the automatic transformation of the creative energy of human activity into destructive energy. Unfortunately, the words said by Krishna thousands of years ago are still true: «Out of a thousand people hardly one strives for perfection. And of those who strive and attain, hardly one truly comprehends Me». To change this situation it is necessary to form in society an understanding of the general direction of human development, levels of human development and criteria for evaluating all his abilities, in which esotericism should play a leading role.

However, the solution of this problem is hindered by external reasons — the disunity between positive religious, scientific and esoteric forces. The question of their unification has been raised many times and still remains open. If it had been solved, among other things, the last two world wars might have been avoided. The solution of this problem, most likely, can begin with the unification of esoteric systems, because they, due to their flexibility and their level of knowledge, are most oriented to open positive cooperation.

3. Author's Scientific and Educational Center «THE SYSTEM of Academician M. Yu. MIANIE»

This system is initially created as one of the ways to solve the above problems through the development of a fundamentally new level of knowledge and synthesis of all the strongest positive theories. It is a logical development of religion, science and esotericism, it uses all the possibilities available to them, but in many respects it differs from them in its ideas, goals, tasks and methods of realization. At the same time, the formation of knowledge of the system is carried out through communication with representatives of the hierarchy of Light, use of energetic techniques of observation and connection to information spaces, logical methods of synthesis of thoughts and ideas, experimental verification of their reliability.

The main internal goal of the system is the most effective complex (spiritual, intellectual, energetic) development of a person by levels and his/her training in socially significant specialties (researcher, teacher, coordinator). This goal is carried out on the basis of development of own programs and methods of training, creation of the corresponding training structure of a new type with maximum consideration of all factors influencing the formation of consciousness, energy and body of a person. The principles of formation of programs and methods are the choice of the most effective development techniques and selection of only reliable information that can be verified by listeners.

The main external goal of the system is to develop a theoretical basis for uniting religion, science, esotericism and removing contradictions between them. This is one of the most urgent modern problems, the incredible complexity of which is evidenced by the fact that, despite many attempts, no one has yet fully traveled this path. Its solution is possible only on the basis of the creation of a new level of knowledge, capable of obtaining a dominant influence in esotericism and science by its logic and practical results.

4. An overview of the main approaches to the study of consciousness

To understand the differences and advantages of the presented book, let us consider the existing approaches to consciousness in religion, esotericism and science. Religion pays much attention to the issues of consciousness, but it does not give a description of the structure and real mechanisms of its work, so it is much inferior to science and esotericism in terms of the indicators of conscious development of abilities (energetic and intellectual). Science most often approaches consciousness from the point of view of physiology and the possibility of mathematical modeling, which allowed it to achieve significant successes in the intellectual sphere, but gave rise to technocratic culture.

In esotericism, knowledge about the energetic structure of consciousness has been described thousands of years ago, their level and degree of adequacy can be judged at least by the abilities possessed by its followers. However, this knowledge is not complete, because, firstly, the efficiency of its application is still far from ideal, and secondly, there is a number of questions to which esotericism has not yet given satisfactory answers. The main ones are the following: the nature and structure of energy (the concept «energy» is used in all esoteric systems), representation of information in consciousness (structure of thoughts and images), detailed structure and functions of chakras, energetic and logical mechanisms of consciousness work, some others.

Some of these questions are answered in this book. They have a high degree of reliability, but it is still possible that they may be adjusted in connection with further development of the system. At the same time, within its framework, the main requirements for information are the following:

1. Satisfaction of logical criteria of truth (completeness, consistency, validity).
2. Description at the level of energy structures (real realizing mechanisms).
3. Practical value and confirmability (experimentation, development of development techniques).

5. Monograph structure and information handling

To understand human consciousness it is necessary to answer the following most important questions: «What is the nature and mechanisms of consciousness?», «How is it formed, developed, categorized?» and, finally, «How can it be purposefully changed?». In accordance with this, the structure of the book is organized. The first chapter. «The mechanism of consciousness work» — gives a description of the structure and regularities of consciousness work on the energy and information levels, is the key to understanding all other questions. The second chapter. «Stages of consciousness formation» — allows to form an esoteric system of people's evaluations and to understand the reasons for individual differences between them. The third chapter. «Methods of purposeful development of consciousness» — describes the directionality and laws of development, nature, classification and basic principles of development techniques.

For a concise and maximally accessible description of such a complex object as human consciousness, a special form of presentation has been developed, which can be considered a modern modification of classical sutras. The form of sutras is traditional for spiritual literature and has an undeniable advantage in the brevity of conveying the main meaning. It also requires a special way of working on the text, described as early as Patanjali, who said that the reading of true spiritual literature should be followed by one's own reasoning, satisfaction and joy.

Reasoning is necessary for the development of consciousness and increasing its activity through the formation of a deeper understanding of information, which is achieved by linking it to one's own experience and to already existing knowledge. Satisfaction and joy in such work are the main criteria for evaluating the positivity of decisions made and perceptions created, as correct knowledge gives a person a real tangible power. If the opposite emotions arise during reading, it is better to put the book aside for a while. Therefore, do not hurry to read it, but try to better understand, if not completely, at least the main thing. I hope that in this case you will be able to touch the state of understanding the Truth, as the author did during his work.

Author

Chapter 1

MECHANISMS OF CONSCIENCE WORKING

Human consciousness is one of the most complex, mysterious, and interesting objects in existence, at least on Earth, and because of this it is constantly attracting the attention of philosophers, scientists, mystics, and many people. Science has already invested many billions of dollars in the study of consciousness and, although its successes are undeniable, it has still failed to understand and model its most important processes, such as creativity, intuition, feelings and many others.

In esotericism, the understanding of consciousness is much closer to the truth, as evidenced by the fantastic abilities of yogis, wu-shu masters, and representatives of some other systems. However, even this knowledge is not complete, as only a few people reach the top, while a full understanding of consciousness should give realization to any person who sincerely takes the path of cognition and development. Therefore, the purpose of this chapter is to describe the basic mechanisms of consciousness work, which is necessary for effective development (opening of abilities), cognition of oneself and possibility to control one's inner world.

For the disclosure of this topic we will consider the following issues: general energetic structure of a human being (required to determine the role of consciousness), basic mechanisms of consciousness work (components of consciousness, their interaction and mode of operation), intellect (controlling part of consciousness, information processing), spirituality (perceiving part of consciousness, memory work), will (realizing part of consciousness, conscious and automatic control of systems). At the same time, a person receives the most important key to transforming himself only when he begins to understand the regularities by which his thoughts, images and inner efforts influence the mechanisms of his own consciousness and its manifestations.

Section1. General energetic structure of a human being

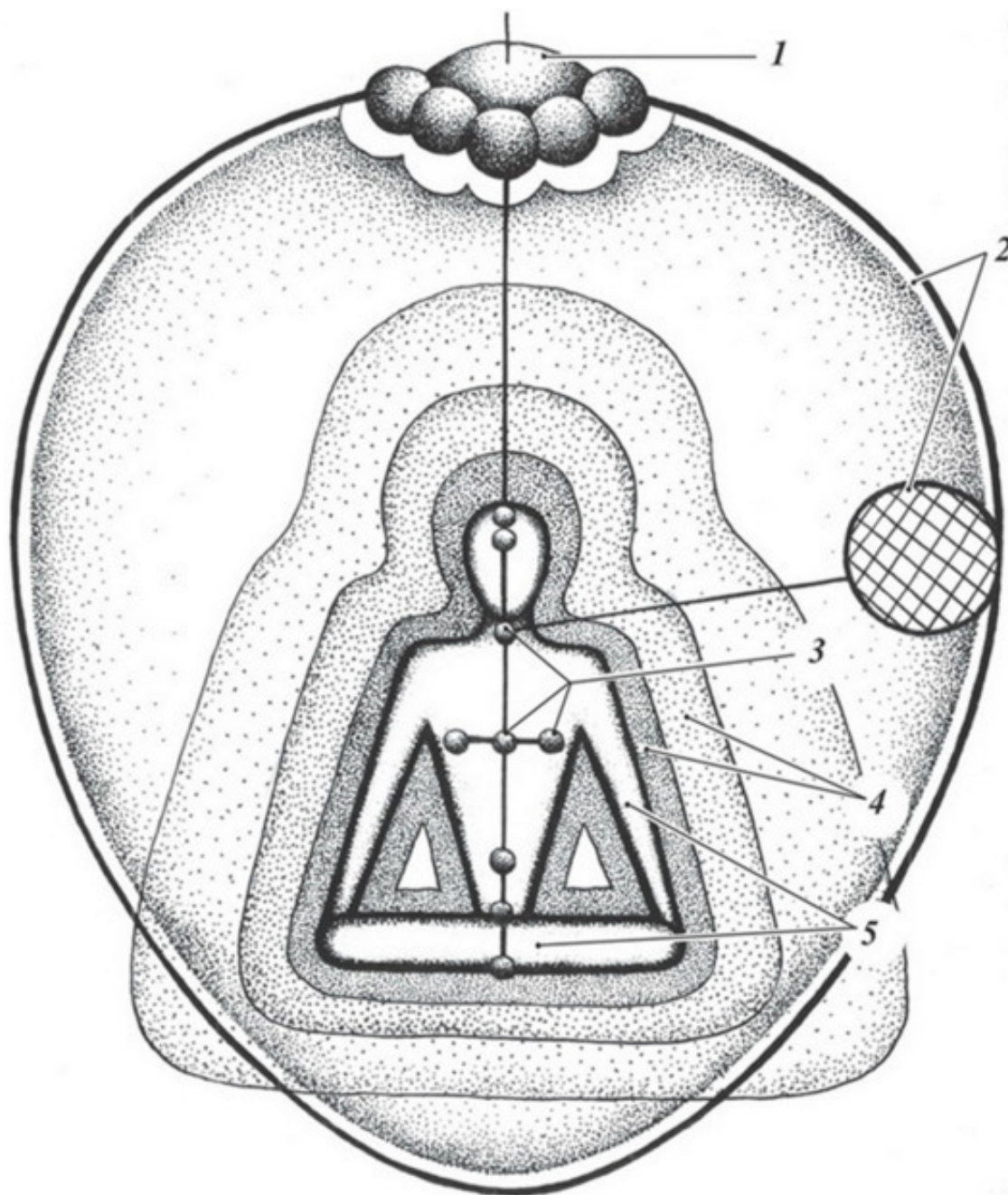
Man is often called «the king of Nature», «the most perfect creation on Earth» and in many respects this is true, not only on the physical level, but also to a much greater extent on the energetic level. In addition, his energetic structure is much more dynamic and much more complex than the structure of his body, which creates seeming contradictions between the representations of man in different esoteric systems. Therefore the purpose of this paragraph is to describe the fundamental structure of a human being on the energetic level, to determine the purpose of its main parts and the rules of interaction between them. It is also necessary for determining the role of consciousness in human life activity and for understanding the basic mechanisms of influence of the subtle world on him.

For this purpose let us consider the following issues: external systems (mainly they realize human interaction with the subtle world), consciousness (responsible for information processes, energy accumulation, energy and body management), energetics (responsible for energy processes, realization of consciousness commands and providing the body with energy), body (responsible for realization of consciousness commands in the physical world, allows accumulating large amounts of energy and accelerated development).

1.1. Human

Human is a special being, endowed with great opportunities for development, which are potentially inherent in his nature. Human's purpose is to realize in himself and the surrounding world the ideals of the Creator through development, cognition and service. He consists of external systems, consciousness, energy and body. His main characteristics in the subtle world are his general level of development (Ch.2, s.4), statuses (Ch.3, s.1) and degree of positivity.

External systems are special energy systems given to a human being at his birth and are intended for realization of his interaction with the subtle world (Karma hierarchy, beings, systems) and God. These systems contain about 30% of all human energies, the management of which is regulated by spiritual laws and can be realized by the human himself, consciousnesses of systems and external forces.



I. External systems

- 1. Spirit (10%) — connection with the Absolute.***
- 2. Capsule (20%) — communication with the subtle world.***

II. Own systems

- 3. Consciousness (42%) — energy and body control.***
- 4. Energy (20%) — energetisation of a person, manifestations in the subtle world.***
- 5. Body (8%) — manifestations in the physical world.***

Fig. 1. General energetic structure of a human being

Consciousness is the main part of a human being (including any other creature), designed to control its energy, body and interaction with external systems through perception of information and energy, their storage, processing, decision-making and control of their realization. Consciousness contains about 42% of all human energies, which are managed through thoughts, images and inner efforts.

Energetics is the next most important part of a human being, designed to ensure the vital activity of consciousness, implementation of its commands in the subtle world, energization of the body and transmission of consciousness commands to it, which is carried out through the recruitment, storage and transformation of energies. Energetics contains about 20% of all human energies, which are controlled through consciousness commands, body reactions and external influences.

The body is the physical part of a human being, which gives the possibility of life in the material world and is intended for interaction with this world through realization of consciousness commands. The body contains about 8% of all human energies, but due to its nature it allows the consciousness and energy to hold large amounts of energy, which is the basis for the possibility of rapid development.

1.2. External systems

External systems — are represented in the form of a capsule and spirit, they are given to a person by Karma (its hierarchy) according to the corresponding spiritual laws on the basis of his level, statuses and other characteristics. The capsule and the spirit are direct protectors of a person in the subtle world, and at the realized entrance to this world and his direct teachers, most interested in his development.

A capsule is a person's additional temporary system, subordinate to Karma and designed to supervise (teach, protect, encourage and punish) them. It contains about 20% of a person's total energies and consists of one's own consciousness, protective shells, communication systems, one's energies and a place for spirit. Capsules are categorized by levels that determine their access to information, energy and freedom of movement.

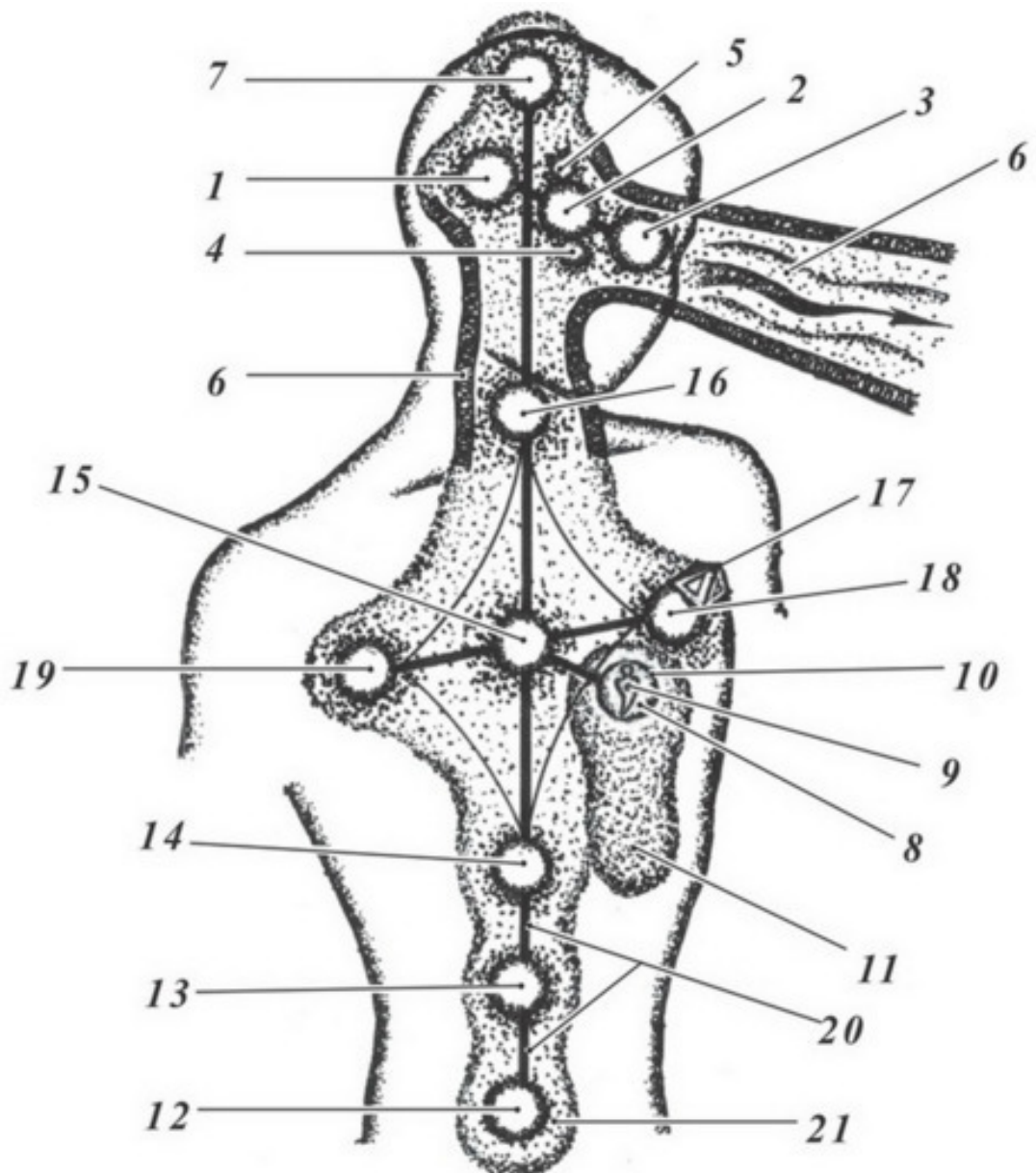
The basic laws of the capsule are: 1. Its level must be one unit above the person's highest status. 2. The capsule records all external and partially internal manifestations of a person, transferring information about them to the Karma data bank. 3. The capsule influences a person energetically, by creating a situation, transferring thoughts, images and sensations to him. 4. The decision to influence is made by Karma (its hierarchy) or by the capsule itself.

Spirit is an additional temporal system of man, subordinate directly to the Absolute (Ch. 3, p. 5. 3) and is intended to realize the patronage of God in man. It contains about 10% of all human energies and is located in the upper part of the capsule. The spirit influences man through the transfer of energy and information to the Spirit Being, the capsule and the head chakras. The main characteristic of the spirit is its level.

The basic laws of the spirit are: 1. Its level must be one unit above the general level of man. 2. Conscious interaction with the spirit is done when turning to God and in meditation. 3. The spirit is independently connected at positive activity of the person and realization of ideals of the Creator. 4. The spirit is able to strengthen a person through the transfer of its energies to him. 5. The Spirit is able to create and prevent situations through the anticipatory receipt of information.

1.3. Human consciousness

Human consciousness — consists of the Spiritual Being, mediator, essence, chakras (centers of consciousness, Ch.1, s.2.2), channels of communication between them, systems of logical and figurative self-initiations (Ch.3, s.4.2). At the same time, the following twelve main chakras are related to consciousness: atman (dwelling place of the Spiritual Being), intellect, spiritual, sahasrara, ajna, vishudha, anahata, 13th world, essences, manipura, svadhisthana and muladhara.



I. Consciousness

1. Intellect.
2. Spiritual chakra.
3. Ajna.
4. The systems of logical self-inquiry.
5. Systems of figurative self-injury.
6. Systems of concentration.

II. Superconsciousness

7. Sahasrara.
8. Spiritual being.
9. God's spark.
10. Atman.
11. Mediator.

III. Subconsciousness

12. Muladhara.
13. Svadhithana.
14. Manipura.
15. Anahata.
16. Vishudha.

IV. General consciousness

17. Essence.
18. The chakra of the essence.
19. The chakra of the 13th world.

V. Connections

20. Channels.
21. Streams.

Fig. 2. Structure of consciousness

Spiritual being is a special part of human consciousness, directly connected with the Absolute and formed around the spark of God. It is designed to control and shape the consciousness by transmitting feelings and fundamentally new thoughts to the human being. The spiritual being carries an individual program of human development and information about the laws of our Cosmos. It develops through the development of man and his soul.

Mediator — a special part of consciousness, designed to ensure the exchange of information between the Spiritual Being and the chakras through its recoding, to perceive external and internal information through thoughts, images and sensations. Recoding is necessary because the Spiritual Being and the chakras realize different principles of information representation. The medium is predominantly perceived through sensations during concentration and contemplation.

Essence is a special part of the human consciousness, which used to be a separate being (the soul of a mineral, plant, animal, etc.). It is intended for informational and energetic adaptation of the consciousness to the conditions of life on Earth and for setting its individual characteristics. When reaching high levels of development, a person acquires additional essences, which are one of the indicators of his abilities and possibilities.

The soul is a part of a person's consciousness and energy that remains after his physical death. During physical life it represents a person in the subtle world and uses almost all the information accumulated by it for the whole time of its existence. Soul in many respects predetermines human development through counteraction to creation of thoughts (if opposite information is realized in it) or promoting their creation (if similar information is realized).

1.4. Energy

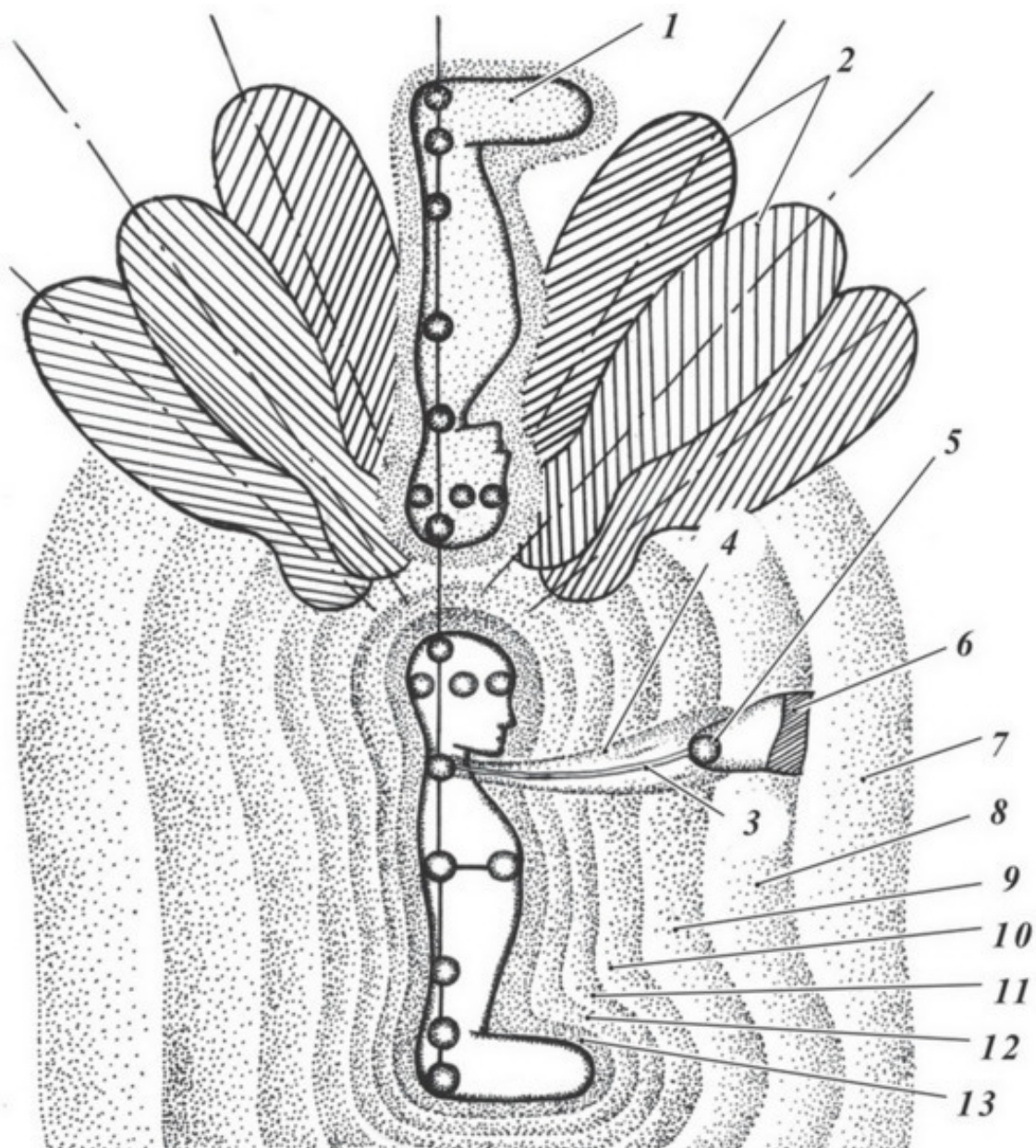
Energy — consists of subtle bodies, doubles and other human energy systems (Ch.3, s.5.2), each of which has a common fundamental structure: channels, flows, control panels and realizing mechanisms. At the same time, consciousness controls the systems through conscious or automatic decision-making in the chakras and transfer of required thoughts, images and working energies to the systems.

Channels — energy conductors (tubes) intended for transferring control commands (thoughts) from the chakras to the required systems (their control panels). *Flows* — providing energy systems (shells and their control), intended for transferring working energies from chakras and self-excitation systems to the required energy and physical systems.

Control consoles are peculiar energy computers designed to control realizing mechanisms through deciphering control commands (transmitted by consciousness, capsule, spirit or egregors) and generating internal commands of the system. *Realizing mechanisms* are very diverse in form and function, but are controlled according to general principles through thoughts (translated into internal commands), images and working energies (Ch. 3, s. 2.3, s. 4.3).

Subtle bodies are the main energy systems of a person, controlled by their corresponding chakras and designed to hold free energies, protect consciousness, attach other energy systems, give a person form in the subtle world and perform other functions. The main subtle bodies of a person are: etheric, astral, mental, karmic, buddhic, spiritual, absolute and intellectual.

Energy systems — finally realize or provide all human abilities, i.e. opening of any ability is equal to opening of the system corresponding to it, connection to it of channels, flows and realization in chakras of the information required for controlling the system. At the same time the possibility of opening of any system is determined by the absence of blocks on it, the general level of development and the corresponding energy potential.



Human's doubles

1. The Basic double.
2. Additional doubles.

Energetic systems

3. Channeling.
4. Flow
5. Control panel.
6. Implementing mechanisms.

Thin bodies

7. Absolute.
8. Spiritual.
9. Buddhic.
10. Karmic.
11. Mental.
12. Astral.
13. Etheric.

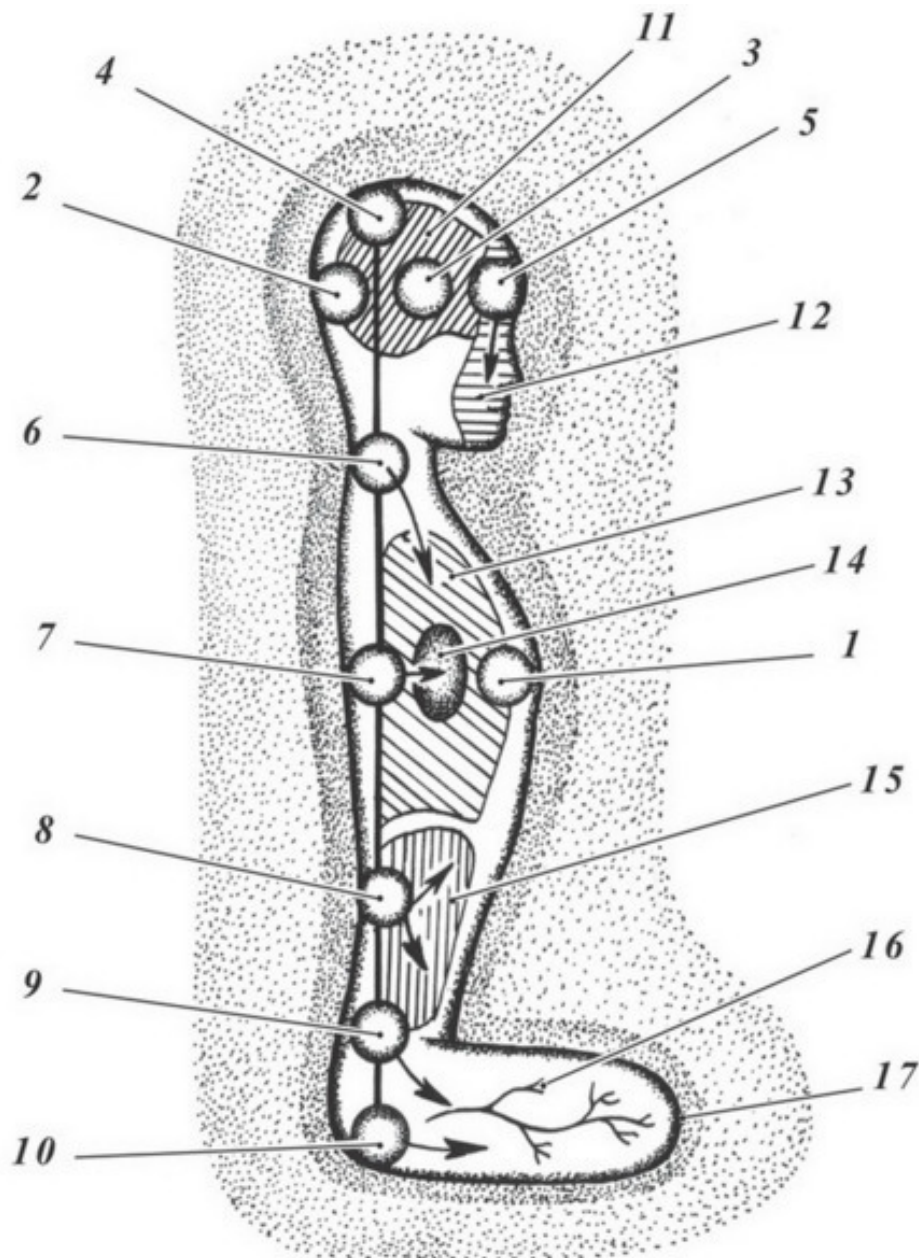
Fig. 3. Human energetics

1.5. Body

The body is controlled by consciousness (its chakras) through channels, flows and energy systems, which have physiological (calling nerve impulses, regulating metabolic and other processes) and direct energetic (working energies, thoughts and images) effects on physical systems. According to the realized functions the body can be divided into the following parts: controlling, energizing, realizing and protective.

The controlling part is designed to control the other parts through perception of information from the body and the physical world, its recoding for transmission to the consciousness, decoding of consciousness commands and triggering of impulses and reactions corresponding to them. It includes: perception systems (vishudha, ether; eyes, ears, etc.), information processing and command generation systems (atman and head chakras; brain — physiological computer), additional systems (skull, etc.).

The energizing part is designed to absorb components (food, air), extract physical energy from them, and provide it to the entire body. It includes: fuel supply systems (manipura, fire; internal organs, digestive system, drawing fuel into the blood), and oxidizer supply systems (vishudha, ether; lungs, drawing oxidizer into the blood; anahata, air; heart, spreading energy carriers throughout the body).



Controlling part

- | | |
|-------------------------|-------------------------------------|
| 1. Atman — control 1—6. | 4. Sahasrara. |
| 2. Intellect. | 5. Ajna — 11. Brain, 12 Face. |
| 3. Spiritual chakra. | 6. Vishudha — organs of perception. |

Energising part

- | | |
|-------------------------------------|-------------------------|
| 6. Vishudha — 13. Lungs. | 7. Anahata — 14. Heart. |
| 8. Manipura. — 15. Internal organs. | |

The realising part

- | |
|---|
| 9. Svadhisthana — 16. Vascular system. |
| 10. Muladhara — 17. Musculoskeletal system. |

Fig. 4. Human body

The realizing part is designed to fulfill commands of the controlling part (activity in the physical world) through supplying components to its systems and generating energy in them (interaction of fuel and oxidizer). It includes: realizing mechanisms (Muladhara, earth; musculoskeletal system — muscles, joints, ligaments, skeleton) and providing systems (Svadhithana, water; genitourinary and cardiovascular system).

The protective part is designed to prevent foreign substances, objects, etc. from entering the body, to fight against them in case of such entry and to neutralize other negative influences. It includes: external protective systems (manipura; skin cover), internal protective and some regulating systems (most of the chakras; immune and other systems).

CONCLUSIONS

*1. **Man** is a special being endowed with great opportunities for development and designed to realize the ideals of the Creator.*

*2. **Man** is the most complex of all beings on Earth, consisting of external systems, consciousness, energy and body.*

*3. **External systems (capsule and spirit)** — contain about 30% of all energies of a person, are designed to ensure his interaction with the subtle world and God.*

*4. **Consciousness** — contains about 42% of all human energies, is designed to control energy and body through work with energy and information.*

*5. **Consciousness** — consists of the Spiritual Being, the mediator, the essence, the twelve major chakras, the channels of communication between them, and the systems of self-infusion.*

*6. **Energetics** — contains about 20% of all energies of a person, is intended for realization of commands of consciousness and life support of his body.*

*7. **Body** — contains about 8% of all human energies, designed to realize the commands of consciousness and provide an opportunity for rapid development.*

Section 2. Basic mechanisms of consciousness

So, we have described the energetic structure of the human being as a whole and the basic functions of the most important parts of his consciousness, without paying sufficient attention only to the chakras. However, they are the ones that are of the greatest practical interest from the point of view of development, because, on the one hand, chakras are directly responsible for the processes of thinking, energy and body management, and on the other hand, they are primarily transformed as a result of purposeful development.

Other parts of consciousness interact with the chakras according to certain rules, but only the Spiritual being (through human development) changes consciously, the intermediary changes automatically, and the essence does not change at all, although it can be temporarily deformed due to the violation of any spiritual laws. Therefore, the purpose of this paragraph is to describe in general the mechanisms of human consciousness and related concepts.

For this purpose we will consider the following issues: chakras (their fundamental structure), controlling (awareness, control commands) and realizing (automatism, execution of commands) parts of consciousness, components of consciousness (intellect, spirituality, will) and modes of consciousness operation (types of interaction between its components). And in this paragraph the main attention will be given to the definition of the most significant structural units of consciousness and the rules of interaction between them, while a more detailed description of its components will be made in the following three paragraphs.

2.1. Mechanisms of consciousness operation

Mechanisms of consciousness work — regularities of realization by consciousness of the main modes of its work and other processes, manifested through the rules of interaction between its components when realizing any goals and functions. The main such interacting components are the following: first, memory and thinking system (chakra components), second, controlling and realizing parts of consciousness, third, its components (spirituality, intellect, will).

Chakra (center of consciousness) is a special (most complex) energy system designed to implement the processes of thinking (decision-making), perception control and subordinate energy and physical systems. All these functions are realized by the chakra through working with thoughts (codes, logical and formalized information), images (matrices, non-formalized information), sensations and working energies.

Controlling and realizing parts of consciousness are the main two groups into which the chakras of a person are divided, thus the controlling part (intellect, spiritual, ajna) are intended for realization of conscious processes of thinking, perception and management, and the realizing part (all other chakras) is intended for realization of automatic processes of management of systems, subconscious and superconscious processes of thinking and perception.

The components of consciousness (spirituality, intellect, will) are intended for realization of its main functions corresponding to the logical coordinates «input — transformation — output»: spirituality — perception, intellect — decision-making (information processing), will — realization of decisions. At the same time, all these components are represented in consciousness in a clearly defined way in the form of chakras or their separate parts.

The modes of consciousness operation are its basic processes designed to realize fundamentally different types of goals and their corresponding functions: experimental verification of information, analytical search for solutions, transformation of consciousness, and control of systems. They differ in the results obtained, the relation to the processed information, and the rules of interaction between the components of consciousness.

2.2. Chakras

Chakras — are oriented to work with clearly defined information: Muladhara, Svadhisthana, Manipura, Anahata, Vishudha, Ajna, Sahasrara, Atman — are responsible, respectively, for the realization of eight levels of development; the 13th world — for struggle, understanding of Good and Evil; essences — for human individuality. Their principle structure is as follows: thought structures, memory, chakra control unit and supporting systems.

Thought structures (Ch.1, s.5.4) are the basic units of most human chakras (programmed by the person's thoughts), each of which realizes the corresponding functions of thinking, control and (or) perception within the limits of the block of information embedded in it. At the same time, all thought structures formed in a chakra are united into one thought system (network), forming a certain plan of consciousness.

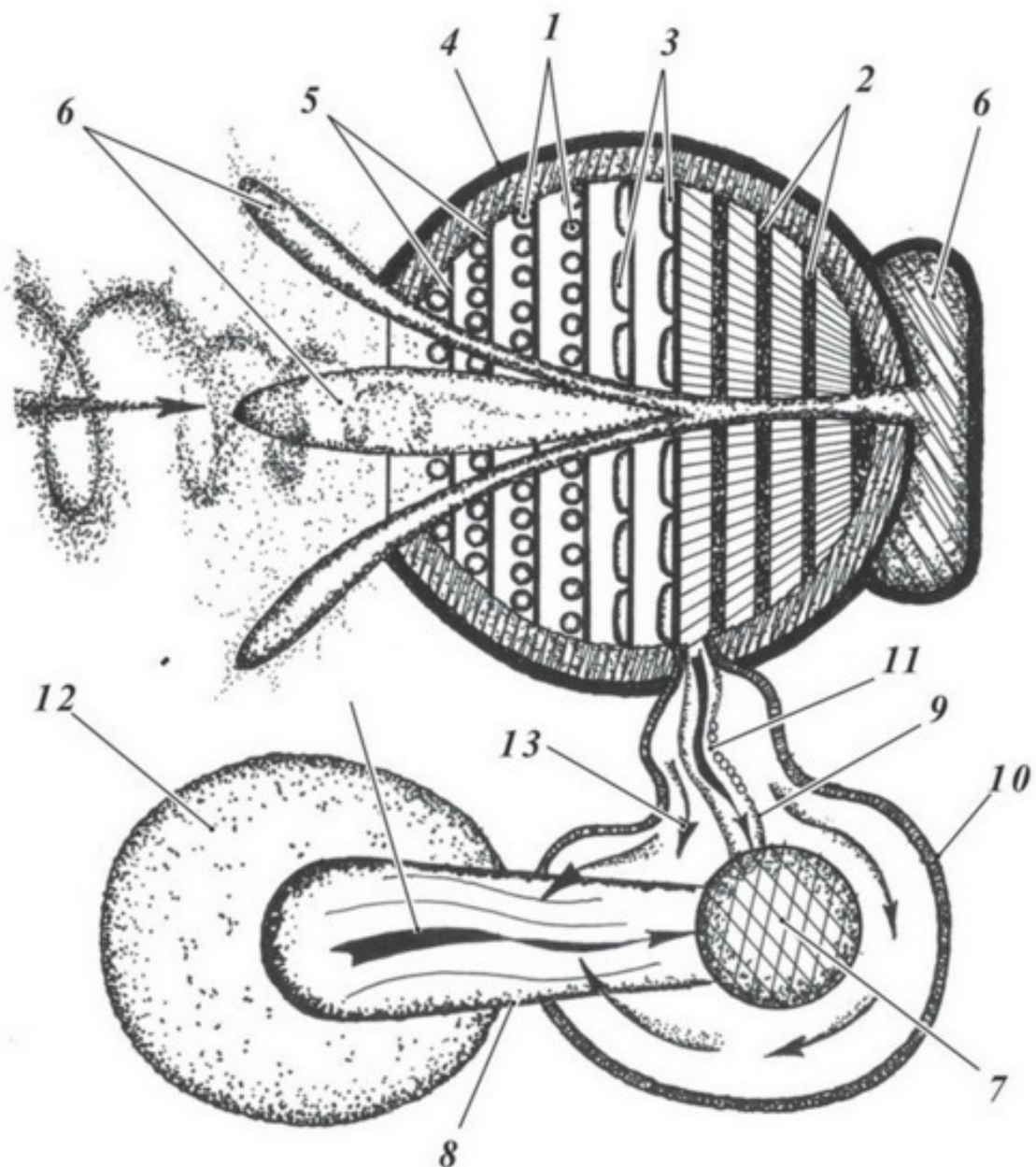
Memory (Ch.1, s.4.2, 4.3) is a part of the chakra designed for synthesizing working energies, fixing and reproducing all the original (recorded at the creation of the soul), consciously and automatically perceived information. It is controlled by the thought structures of its chakra and other chakras, used for receiving information and introducing the required thought structures and systems into the given modes of operation.

Control unit is a complex of special (originally programmed at the creation of the human soul) thought structures designed to control the supporting systems of the chakra, to create and transform thought structures and their connections with memory. It implements commands of intellect and thought structures according to the programs laid down in it and the original memory of the chakra.

Supporting systems — include: chakra body, partitions, energy drawing mechanisms (petals, others) and communication channels. The body serves for placing partitions and protection of the main parts of the chakra, partitions — for placing thought structures, control unit and memory, energy drawing mechanisms — for energy intake from outside and its supply inside the chakra, where the energy is then used by thought structures and other systems.

2.3. Controlling and realizing parts of consciousness

The controlling and realizing parts of consciousness — constantly interact with each other, the subtle and material world, thus determining all the basic processes of consciousness as a whole (perception, thinking and control of systems). At the same time, the division of processes into conscious, subconscious and superconscious is determined by which chakras are involved during the performance of certain functions.



I. Chakra

- | | |
|------------------------|-------------------------------------|
| 1. Thought structures. | 4. Chakra body. |
| 2. Memory. | 5. Partitions. |
| 3. Control unit. | 6. Systems of drawing in of energy. |

II. Energy systems

- | | |
|-----------------------------|--------------|
| 7. Control panel. | 9. Channels. |
| 8. Implementing mechanisms. | 10. Flows. |

III. Systems management

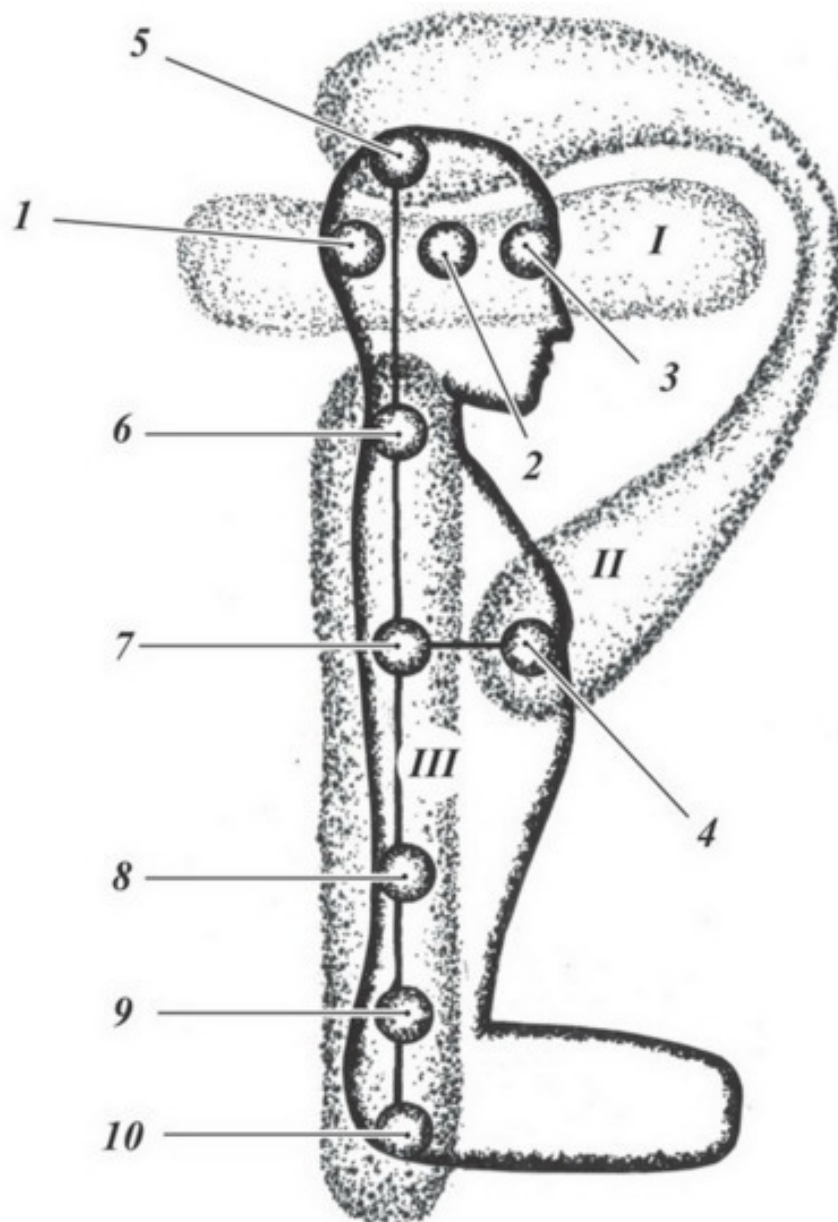
- | | |
|--------------------------|-------------------------------------|
| 11. Thoughts — commands. | 14. Feelings — indicator of impact. |
| 12. Images. | |
| 13. Working energies. | |

Fig. 5. Thinking structures and memory

The controlling part (intellect, spiritual, ajna) — is intended for realization of conscious processes of thinking, perception and control of its systems and the realizing part through creation of control commands. Subjectively conscious processes are perceived as controlled volitional efforts, analysis and synthesis of logical and figurative information according to clearly formulated and understood rules.

Control commands (Ch.3, s.2.3, 4.3) are consciousness energies (thoughts, images, and working energies) designed to produce desired results (reactions, transformations, etc.) through their effect on specified chakras and systems. These commands are shaped by the controlling chakras and self-hypnosis systems through the understanding and mental utterance of the command (thoughts, intellect), representations (images, spiritual), and volitional efforts (working energies, ajna).

Realizing part — is divided into subconsciousness and superconsciousness. *Subconsciousness* (Muladhara, Svadhisthana, Manipura, Anahata, Vishudha) — is mainly intended for execution of commands of the controlling part and realization of automatic processes of perception, thinking and control of systems. *Superconsciousness* (atman, sahasrara) — is mainly designed to perform similar functions, but related to interaction with God and high levels of the Cosmos.



I. Controlling part

1. Intellect — thoughts, mental utterance.
2. Spiritual chakra — images, representations.
3. Ajna — working energies, concept.

Realising part

II. Superconsciousness (connection with the subtle world)

4. Atman.
5. Sahasrara.

III. Subconsciousness (realisation of commands of the controlling

6. Vishudha.
8. Manipura.
7. Anahata.
9. Svadhisthana.
10. Muladhara.

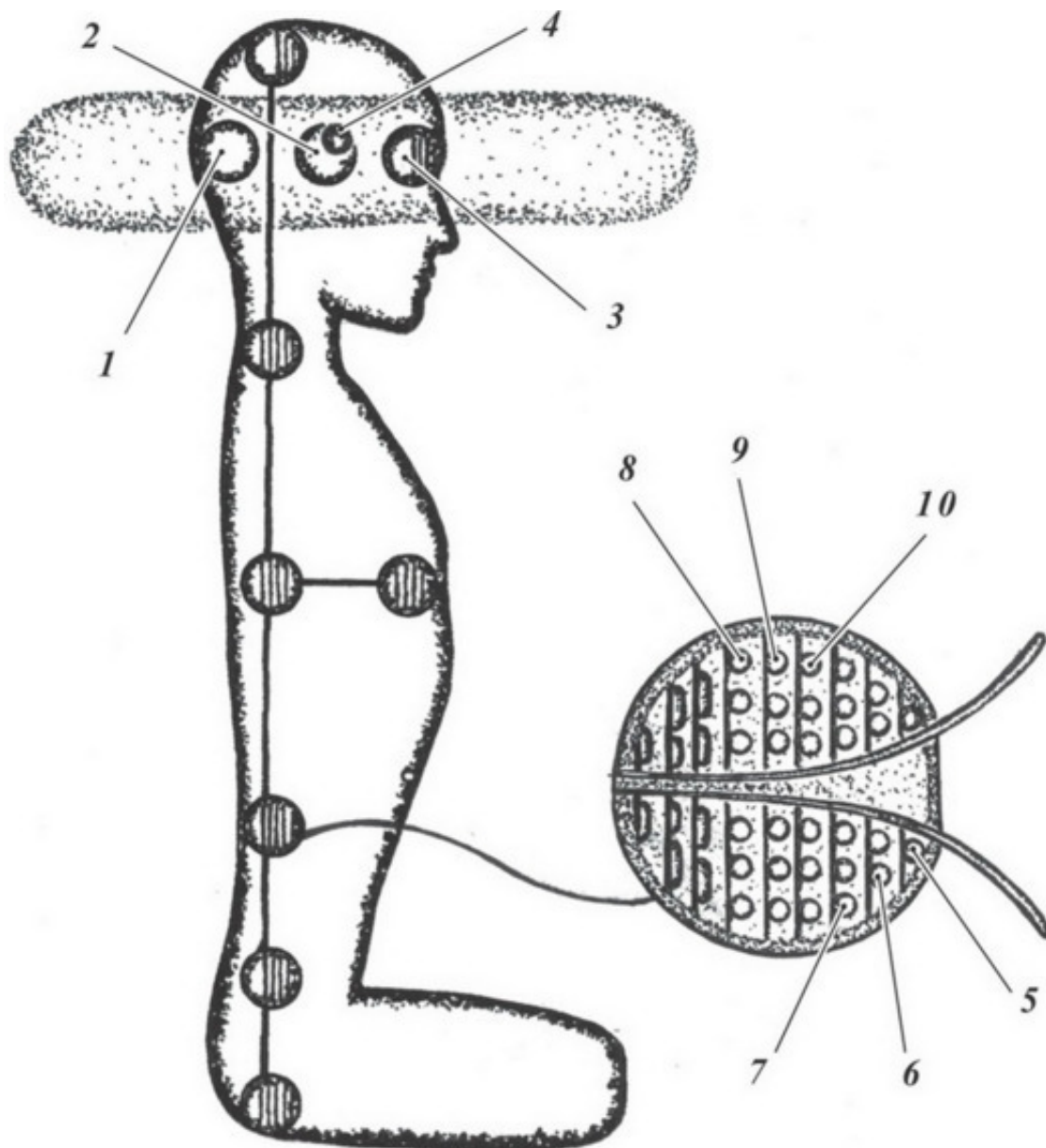
Fig. 6. Parts of consciousness

The effects of subconsciousness and superconsciousness on a person are characterized by receiving a ready answer (intuition, insight, etc.) in the form of thoughts, images and sensations, but differ in the information transmitted. The subconscious gives a person information on its levels (Ch.2, s.4), while the superconscious gives information about God, the Cosmos, feelings, high states, fundamental laws, individual purpose, the most important events and situations.

2.4. Components of consciousness

The components of consciousness — in the controlling and realizing parts — are represented in different ways, but are built according to the general principle: each of the components performs clearly defined functions, and transmits the results of its work to the other components, which determines the rules of interaction between them. At the same time, the main processes of such interaction are managed by common abilities.

Intellect (Ch.1, s.3) — in the controlling part it is represented in the form of a separate chakra (intellect) and is intended for analytical work with thoughts, decision-making and controlling the rest of the chakras through transmitting their controlling commands (thoughts) to them. In the realizing part it is represented in the form of laws (type of thought structures) and is intended for controlling the rest of thought structures through analyzing the meaning and parameters of concepts, situations, etc.



Controlling part

- 1. Intellectual chakra — intellect, sense.
- 2. Spiritual chakra — spirituality, form.
- 3. Ajna — will, energy, power.
- 4. Second Self — general abilities.

The realising part

- | | |
|------------------------------|---------------------------------|
| 5. Laws — intelligence. | 9. Energetic abilities. |
| 6. Qualities — spirituality. | 10. States — general abilities. |
| 7. Emotions — will. | |
| 8. Physical abilities. | |

Fig 7. Components of consciousness

Spirituality (Ch.1, s.4) — in the controlling part is represented as a separate chakra (spiritual) and is designed to work with images and sensations (perception, modeling) through their analysis (from form to meaning) and synthesis (from meaning to form). It interacts with the intellect and will through the transmission of thoughts (results of analyzing images and sensations) to them. In the realizing part, spirituality is presented in the form of qualities designed to analyze energies, the state of systems and the form of external information.

Will (Ch.1, s.5) — in the controlling part it is represented as a separate chakra (ajna) and is intended to control the chakras and the system by setting power and other parameters to the working energies, which is achieved by concentration (concentration) and controlling the systems of self-infusion. In the realizing part it is presented in the form of emotions (responses — working energies), abilities to control energetic and physical systems.

General abilities (Ch.3, s.1.5, 2.4) — states and self-control, which are represented in all chakras of the controlling part with the main center in the spiritual chakra (second self). They are designed to set in general the basic modes of operation of the intellect, spirituality and will (thinking, perception and control). In the realizing part, the general abilities are presented in the form of thought structures-states, designed to control the chakra as a whole, its energies and systems.

<i>Type of mode</i>	<i>Objective</i>	<i>Controlling part (mindfulness)</i>	<i>Implementing part (automaticity)</i>
<i>Experimental</i>	<i>Finding a solution</i>	<i>Mental modelling</i>	<i>Temporary use of programmes</i>
<i>Basic</i>	<i>Finding a solution</i>	<i>Calculation, reasoning</i>	<i>Calculation by programme</i>
<i>Formative</i>	<i>Transforming systems and programmes</i>	<i>Mental command</i>	<i>Programme implementation</i>
<i>Controlling</i>	<i>Evoking reactions</i>	<i>Mental command</i>	<i>Programme implementation</i>

Table 1. Modes of consciousness operation

2.5. Modes of consciousness operation

The modes of consciousness operation are divided into four main types determined by the goals: experimental (experimental testing), basic (search for a solution), formative (transformation), and controlling (calling for a reaction). Each of these modes is switched on automatically according to the internal laws of consciousness when a person consciously or unconsciously makes a decision (through thought, desire, etc.) to realize the goal corresponding to the mode.

Experimental mode — at the conscious level it represents mental modeling of any processes (events, objects, etc.), which is necessary for their understanding and subsequent decision-making. At the subconscious and superconscious level, this mode is a temporary use of any thoughts as control programs for the subsequent evaluation of the consequences (thoughts, images, sensations) generated by them.

The main mode — at the conscious level is realized in the intellect (Ch.1, s.3) and represents a sequence of steps performed by it according to a standard scheme. This mode is intended for analytical search for a solution based on the analysis of external and internal information. At the subconscious and superconscious level, the basic mode is realized in each thought structure and is designed to perform their direct functions.

Formative mode — is intended for opening of systems, creation of thought structures, launching and transformation of active programs (thoughts) in the controlling and realizing parts. This mode is carried out by the control unit of the corresponding chakra, consciously — through development techniques (Ch.3) under the control of the intellect, unconsciously — through its launching by the spiritual chakra or any thought structures according to their program of work.

Controlling mode — is intended for causing the specified reactions (manifestations), introducing chakras and systems into the required mode of operation with parallel processing of external and internal information. At the conscious level it is realized under the control of intellect through the transmission of control commands by chakras and systems, at the subconscious and superconscious level it is realized by thought structures according to the programs laid in them.

CONCLUSIONS

1. Mechanisms of consciousness work — rules of interaction between its components, on the understanding of which development techniques are based.

2. Chakras (centers of consciousness) — designed to implement all the basic functions of consciousness (perception, thinking and control systems).

3. Thinking structures and memory are the two main parts of the chakra, which are programmed by the consciousness itself and determine its work.

4. Controlling and realizing parts — two main groups of chakras that carry out all conscious, subconscious and superconscious processes.

5. Components of consciousness (spirituality, intellect, will) — realizes functions corresponding to the logical coordinates «input — transformation — output».

6. The modes of consciousness operation (experimental, basic, formative and controlling) are automatically switched on by the goals corresponding to them.

7. All abilities of consciousness — are achieved through recording into it in a certain sequence of thoughts, images and sensations caused by appropriate control commands.

Section 3. Intelligence

The opposition between intellect and spirituality generates many different problems in society and people, and the greatest «contribution» to this is made by science and spiritual movements themselves. Science is predominantly focused on the external world and calls the inner world of man (his thoughts, images, feelings) not subject to strictly logical description, but, in fact, signs in the inability to make such a description.

Spiritual movements often downplay the role of intellect and logic, motivated by their limitations in describing something, but they also reveal their own inability to adequately solve complex philosophical problems. Therefore, the purpose of this paragraph from this point of view is to give a description of the basic provisions on the structure and regularities of work of intellect, which is necessary for understanding the techniques of its perfection and the role of intellect in the general development of man.

For this purpose we will consider the following issues: the conceptual part of intelligence (all semantic information on which conscious processes rely), the logical part of intelligence (the rules of transformation of semantic information), the workings of intelligence (the basic algorithm of automatic and conscious search for a solution) and intellectual processes (the connection of intelligence with the main parts of consciousness). The intellect chakra has many differences from the standard chakras, but the focus here will be on issues whose understanding is primarily necessary for the purposeful development of the intellect.

3.1. Intelligence

Intellect is a component of consciousness designed to control its other components through analytical work with formalized information (thoughts). In controlling part it is represented in the form of a separate chakra having the same name (intellect) and consisting of conceptual part, logical part, control unit and supporting systems. In the realizing part it is represented in the form of thought structures — laws, the structure and rules of work of which are similar to other thought structures (Ch.1, s.5.2).

The conceptual part is the part of the intellect designed to represent all conceptual (semantic) information about the external world, the internal world and their laws. It is used by the logical part in the processing of thoughts and serves as the basic part for the formation of all other parts of consciousness (ready-made programs or components for the creation of required programs are taken from it).

Logical part — a part of intellect, designed to provide logical information (rules of transformation of conceptual information) and conscious: search for solutions using conceptual part and information from other chakras, formation, transformation and control through the control unit of intellect and control units of other chakras (and through chakras all energetic and physical systems).

The work of intellect — automatic mechanisms of information transformation, designed for conscious realization of the predominantly basic mode of consciousness work (search and decision making (creation of thoughts) on any situation, task, issue, etc.). In most cases a person perceives only ready-made thoughts, but through self-programming (Ch.3, s.3.4) he is able to consciously set and change the mechanisms of their creation.

Intellectual processes — mechanisms of consciousness work, designed to ensure the interaction of the intellect with the rest of the chakras. All these mechanisms are realized through the control unit of intellect, to which the blocks are subordinated control of all other chakras. The realizing part transmits information to the intellect directly in the form of thoughts or to the spiritual chakra in the form of images and sensations.

3.2. Conceptual part

Conceptual part — presents information in the form of concepts and connections between them. Concepts are structured by levels of generality (practical, theoretical, abstract), degree of complexity (words, thoughts, complexes of thoughts, ideas, complexes of ideas) and are arranged in the direction of creating hierarchical structures to ensure speed, convenience and efficiency of the intellect.

Practical level of concepts — through the spiritual chakra is connected with concrete systems and images in memory, displaying real objects and processes. *Theoretical level* — contains names of concepts and description of regularities related to a set of concrete objects and situations. *Abstract level* — contains names of concepts and description of regularities to which the theoretical level is subordinated by purely logical signs.

A word is the name of some concept. *Thought* — a sequence of words combined into an elementary program. *Complex of thoughts* — interconnected thoughts describing some regularity, object, process or their characteristics. *Idea* (method) — a sequence of thoughts, the realization of which leads to the achievement of some goal. *Complex of ideas* — interrelated ideas describing regularities and methods of achieving goals in any sphere.

Connections — are intended for representation of elementary sense (interrelations and rules of transformation) through connection of concepts among themselves, with memory and systems. They have many types and are divided into three types: permissible (they allow corresponding actions), inadmissible (they prohibit corresponding actions) and correspondence links (they connect with systems and images in memory for their identification, etc.).

Relationships between concepts — build concepts into hierarchical structures through the main types of relationships: structural (part — whole), functional (function — its components), qualitative (characteristics — its components), classifying (general — particular), quantitative (more — less), affiliation and others. The inability of a person to create such structures limits his intelligence and can block further development.

3.3. Logical part

Logical part — represents information in the form of conditions (characteristics of concepts themselves and their relations), rules for creating new and transforming existing concepts and relations. Logical information as well as conceptual information is structured by levels of generality (practical, theoretical and abstract level), degree of complexity (declensions, operations, conclusions, evaluations, priorities) and built in hierarchical structures.

Practical level of logic — is designed to work with practical level concepts and corresponds to specific recommendations in standard situations.

Theoretical level of logic — *is* intended for working with theoretical concepts and corresponds to the rules of searching for solutions in some classes of situations. *Abstract level* — *is* intended for working with abstract concepts and corresponds to the rules of developing algorithms for finding solutions.

Declensions are logical features of concepts, intended to indicate the possibility of establishing relations corresponding to them. They are mainly formed by the grammar of natural language and serve to introduce operations. *Operations* — rules based on the combination of declensions, intended for partial verification of thoughts, creation and transformation of concepts and relations. They are formed by statements, logical and other laws realized in consciousness.

Conclusions — rules designed to analyze and synthesize information through the establishment of cause-and-effect relationships. They are formed on the basis of operations, previously realized conclusions and corresponding concepts. *Evaluations* — rules intended for determining any parameters of information (reliability, value, other characteristics) according to the entered criteria, its structuring, introduction of priorities and ensuring their operation.

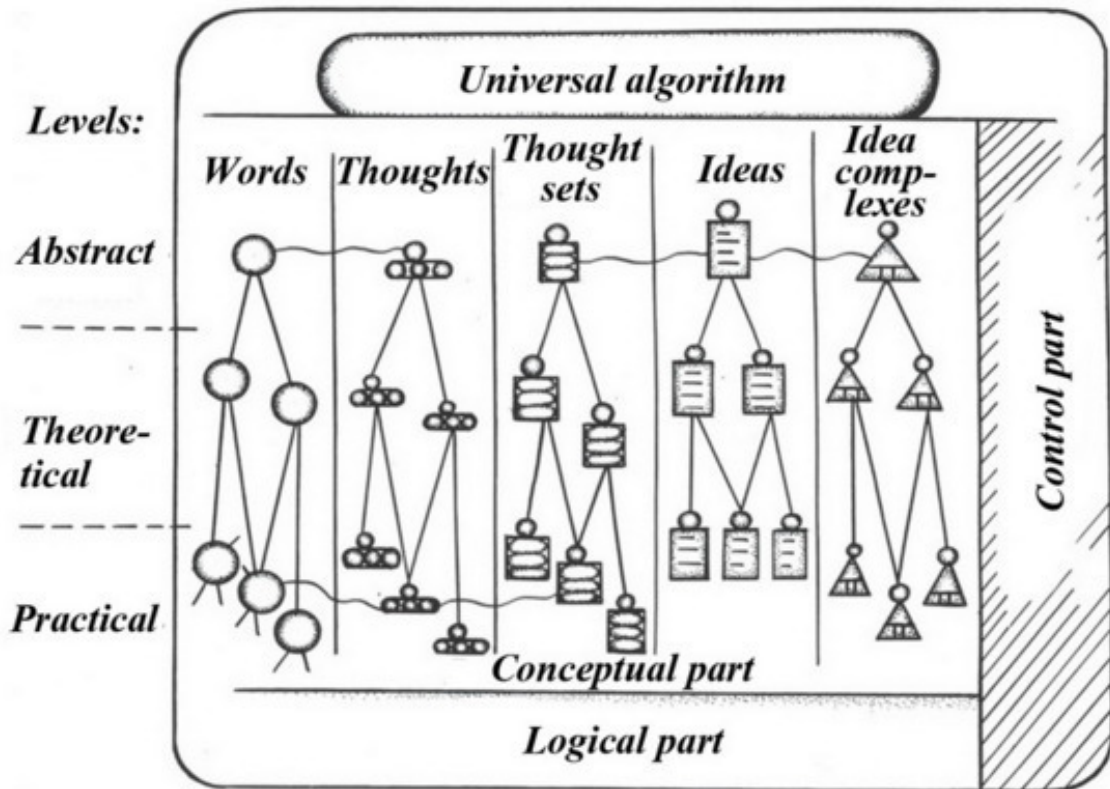


Fig.8. Conceptual part of intelligence

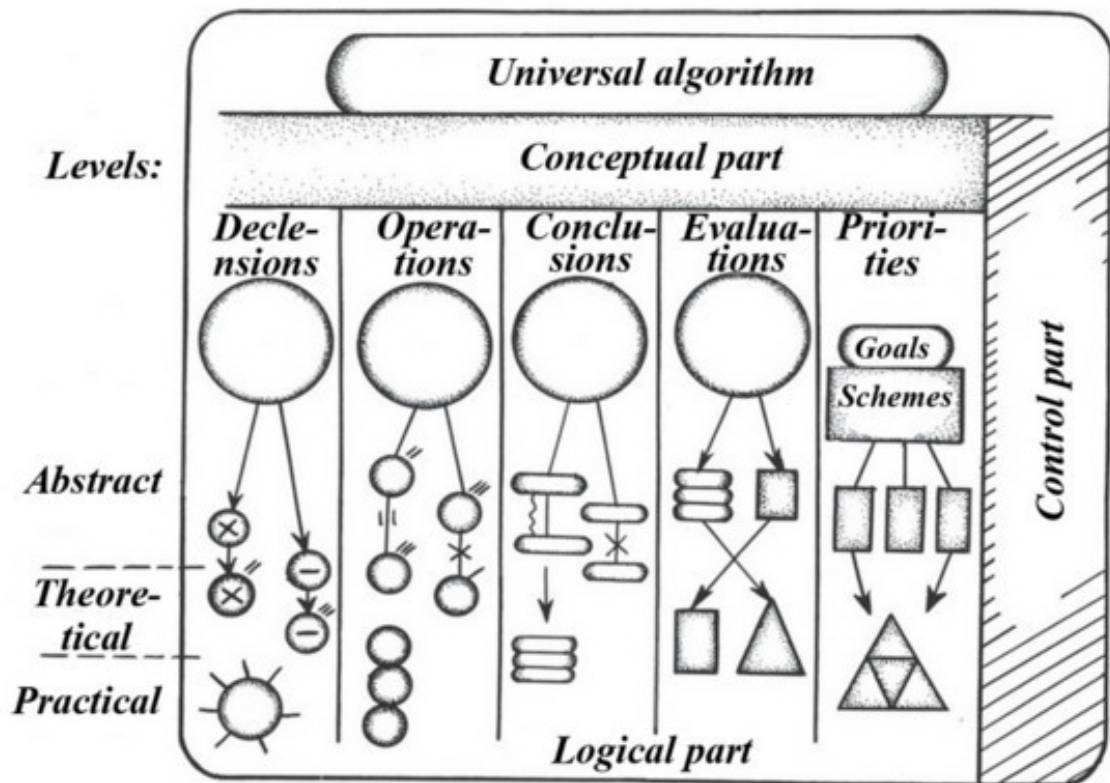


Fig. 9. Logical part of intelligence

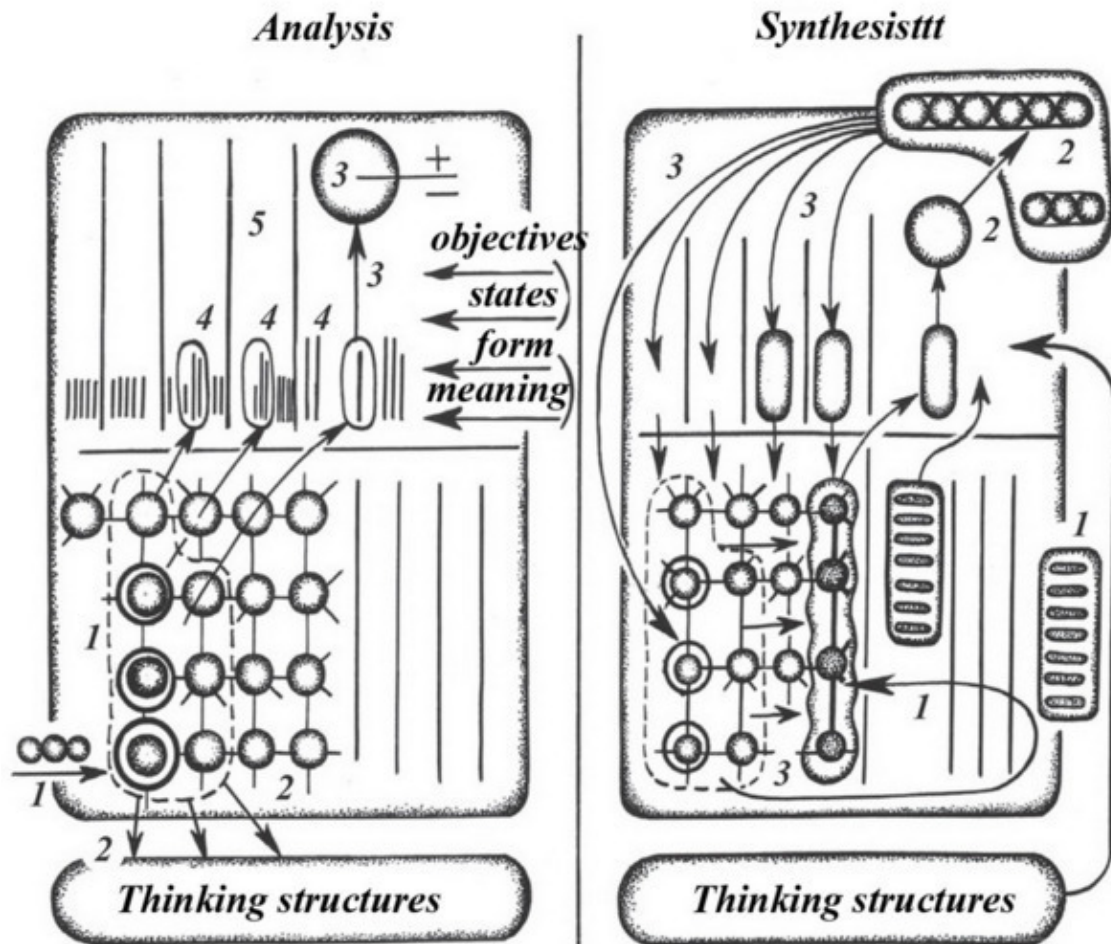
Priorities — include: goal settings, decision-making schemes, preferences, subordinations and rules designed to organize the work of the intellect and consciousness as a whole through the

choice of goals, tasks and methods of their implementation. They are formed unconsciously through parental and social programming, and consciously through one's own reflections based on esoteric, philosophical, scientific, religious and social information.

3.4. The workings of the intellect

The work of the intellect is carried out according to a universal algorithm of analyzing and synthesizing information, which is laid down in the intellect initially (at the creation of the soul), and then develops through receiving information corresponding to it (oppressed by information contradicting it). At the same time, the input information for the work of the intellect is divided into three types: basic (the task set), external (meaning, form) and internal (life goals, state, etc.).

Analysis — designed to set up the intellect and required components to find a solution and consists of five stages. *1st stage* — *the* main and external information is broken down into components (names), each of which activates the concepts corresponding to it through connections. *2nd stage* — input information is replicated and through activated concepts is sent to thought structures for automatic processing.



Analysis

1. Stage 1 — breakdown into components, activation of concepts.
2. Stage 2 — replication, linking to thought structures.
3. Stage 3 — determining the type of answer.
4. Stage 5 — identifying conclusions, evaluations and priorities.
5. Stage 5 — determining the order of u

Synthesis

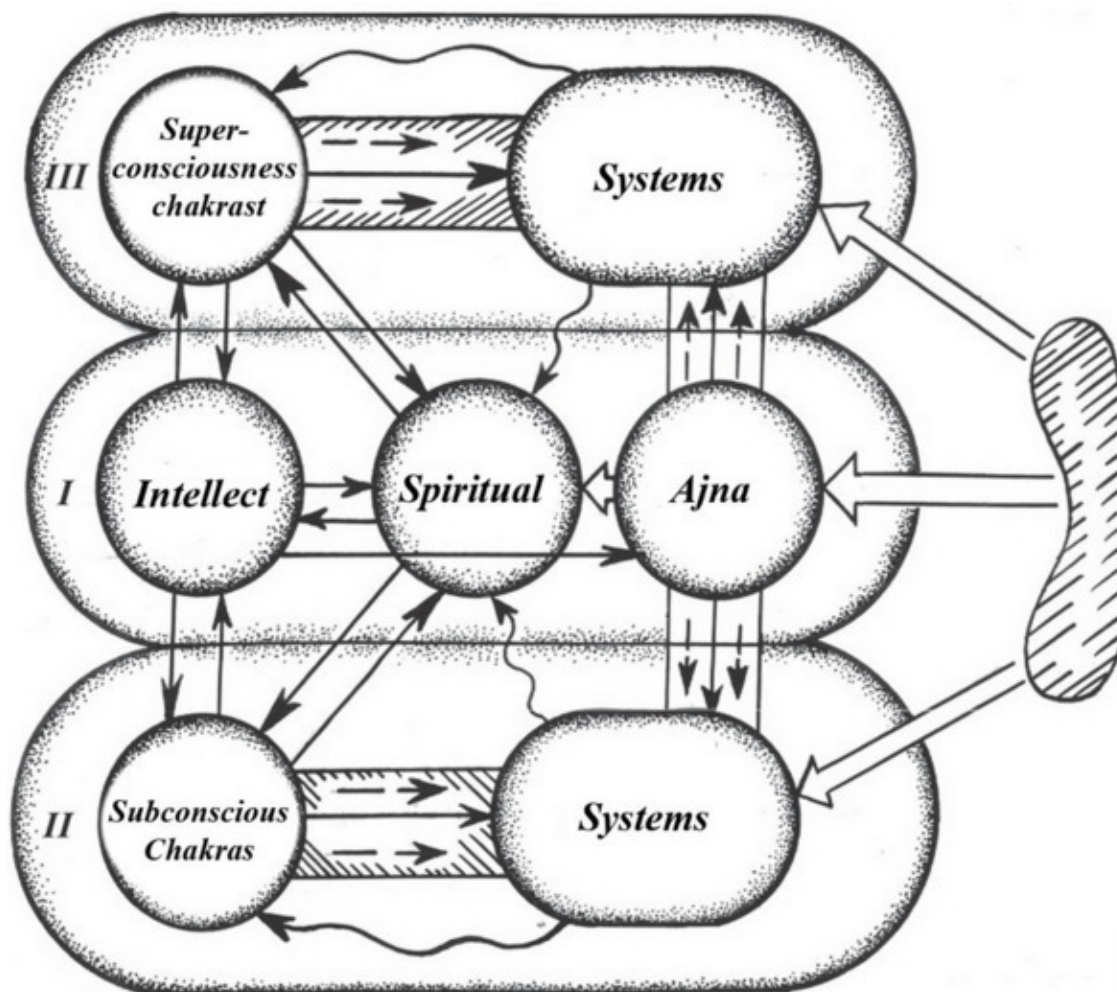
1. Stage 1 - deciding whether or not to utilise thoughts and results.
2. Stage 2 - determining the form of the response and its requirements.
3. 3rd stage - search for concepts by connections; arrangement of the obtained ones concepts.

Fig. 10. Work of intelligence

Stage 3 — by internal (primarily by goals and state) and external information, the priority determines the type of response. **Stage 4** — by connections of activated concepts, conclusions, evaluations and priorities are determined, which are capable in principle to create the required solution. **Stage 5** — according to the type of answer and parameters of work of assessments and conclusions, the priority determines the order of their use.

Synthesis — is intended for choosing one of the existing solution options or creating a new one and consists of three stages. *The 1st stage* — fixation, evaluation and prioritization of the decision on the possibility of using as an answer some thought related to the activated concepts or one of the results received from the thought structures.

Stage 2 — if the synthesis is not completed at the first stage, the priority determines the form of the answer and all the necessary requirements for its components. *Stage 3* — search for concepts satisfying the requirements, which is carried out by available and created connections through evaluations and conclusions; arrangement of the obtained concepts in thoughts and their evaluation by the priority for the possibility of using them as an answer.



I. Conscious processes
II. Subconscious processes
III. Superconscious processes

Images:

— visual;
 — sound;
 — tactile;
 — olfactory;
 — gustatory.

—→ Thoughts
 - - -→ Working energies
 ▨ Flows
 ~ Sensation information
 → Image information

Fig.11. Intellectual processes

3.5. Intellectual processes

Intellectual processes — determine the meaning and form of input information intended for the work of the intellect and coming from conscious, subconscious and superconscious parts, as well as the response of the intellect to them. At the same time, the adequacy of intellectual processes is

set by the adequacy of intellectual information realized in consciousness (on average for society this indicator is approximately equal to 70%).

Thought is a standard way of internal representation of semantic information in human consciousness and consciousnesses of beings within our Cosmos (therefore, communication with all these beings on the telepathic level is possible in principle). It is a specially organized energy with fixed positions, high degree of information protection, etc.

Conscious processes — interact with the intellect through the spiritual chakra and ajna. The spiritual chakra automatically processes external information, information about human sensations and transmits the most important conclusions and evaluations to the intellect according to its program. The intellect controls the consciousness through the transmission of direct programs (thoughts) to the chakra control blocks, setting the form through the spiritual chakra (images) and the power of transformation through the ajna.

Subconscious processes — transmit to the intellect information about the state of their systems, the results of the experimental and basic modes, the results of analyzing the perceived energy and information (including from the spaces to which the person is connected). The information from these processes is perceived and processed by the intellect if it is extreme, corresponds to human goals and has sufficient energy to enter the conscious process.

Superconscious processes — transmit to the intellect information similar to subconscious processes, but on their own levels, as well as control information from the Spiritual Being, external systems, God and the Cosmos. Information from these processes is perceived by the intellect directly through thoughts or through the spiritual chakra (sensations, images) if the consciousness is not blocked by negative information and has the appropriate abilities for this.

CONCLUSIONS

1. Intelligence — *a component of consciousness designed to control its other components through analytical thought work.*

2. Basic functions of intellect — *realized by the control unit, conceptual and logical parts of the intellectual chakra and laws.*

3. The conceptual part — *is intended to present all conceptual (semantic) information about oneself, the surrounding world and their laws.*

4. Logical part — *designed for presentation of logical information, processing of input information, search and decision making.*

5. Control unit — *designed to implement the decisions made through reinforcement of commands and interaction with the rest of the chakras.*

6. The work of intellect — *is carried out according to the universal algorithm of analysis and synthesis of information, laid down in a person initially.*

7. Adequacy of intellectual processes — *is determined by the adequacy of intellectual information realized in human consciousness.*

Section 4. Spirituality

In life, spirituality is most often manifested in the form of abilities that are necessary for any person — it is creativity, understanding of people, positive relationships with them, extraordinary perception of themselves and the world around them. Its formation is influenced by many factors and, unfortunately, not all of them are not taken into account by traditional education, because of which, for example, the cultural heritage of ancient Greece is in many ways more valuable than the «spiritual» production of modern highly developed countries.

At the same time, in society the development of spirituality is not focused through culture and religion, while in esotericism there are special techniques and methods of developing abilities, which to some extent rely on knowledge about the mechanisms of consciousness. Therefore, the purpose of this paragraph is to give a description of the main provisions on spirituality and its realization in consciousness.

For this purpose, let us consider the following issues: external memory (it is the basis for the ability to interact with the external world), internal memory (determines the ability to interact with one's inner world), spiritual attitudes (responsible for working with images, establishing connections between external and internal memory) and spiritual processes (describe the connections of spirituality with the rest of the components of consciousness).

4.1. Spirituality

Spirituality is a component of consciousness designed for conscious work with images and sensations, their perception, decoding (translation to the level of thoughts) and transferring the results to other components. In the controlling part, it is represented in the form of a spiritual chakra, which is based on spiritual attitudes, in the realizing part — in the form of qualities, external and internal memory.

External memory — is intended for fixation, storage and reproduction of all consciously and automatically perceived from the surrounding world (external) image information. This memory is represented mainly in the form of various matrices (images), which in the spiritual chakra are organized according to the logical principle, and in the other chakras — according to the time sequence of their perception and fixation.

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