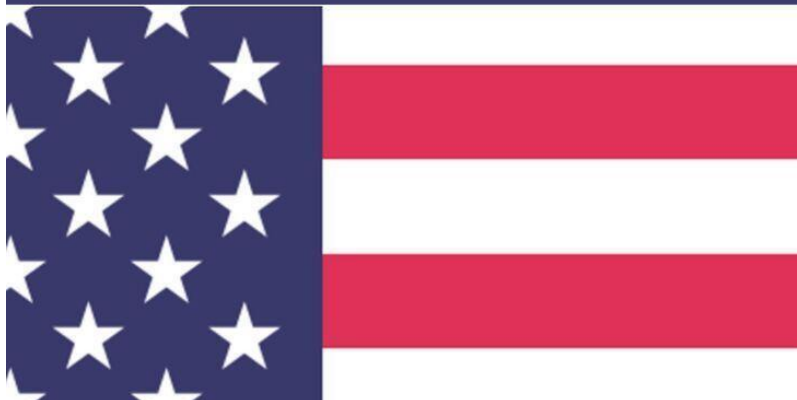


12+ *Джонас Тичерман*

Лексика английского языка уровня B2

Учебное пособие для расширения
словарного запаса



Джонас Тичерман
Лексика английского языка
уровня B2. Учебное пособие для
расширения словарного запаса

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Аннотация

Учебное пособие предназначено для изучающих английский язык уровня B2 и направлено на системное развитие словарного запаса. Каждая глава включает текст для чтения, тематическую лексику с переводом и упражнения для закрепления материала. Пособие помогает развивать навыки понимания текста, расширять активный словарный запас и формировать уверенное использование английского языка в повседневных и учебных ситуациях.

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**Лексика английского
языка уровня B2
Учебное пособие
для расширения
словарного запаса**

Джонас Тичерман

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Введение

Данная книга предназначена для изучающих английский язык на уровне B2 и направлена на развитие и закрепление лексических навыков через чтение, практику и системное повторение. Основная цель пособия заключается в расширении активного и пассивного словарного запаса, а также в формировании устойчивого понимания лексики в контексте.

Структура книги основана на последовательных тематических главах. Каждая глава включает три обязательных раздела: текст для чтения, список полезной лексики и комплекс упражнений. Такой подход обеспечивает поэтапное освоение материала и позволяет учащемуся не только запоминать новые слова, но и видеть их употребление в связном тексте.

Тексты написаны на современном английском языке и соответствуют уровню B2. Они отражают ситуации, близкие к повседневной жизни, учебной и профессиональной среде. Особое внимание уделяется естественности лексических конструкций и частотным выражениям, которые активно используются носителями языка.

Раздел «Полезные слова и выражения» содержит от 20 до 30 лексических единиц, отобранных на основе их частотно-

сти и тематической релевантности. Все слова представлены с переводом на русский язык для облегчения первичного понимания и последующего закрепления.

Упражнения в каждой главе направлены на проверку понимания текста и активизацию изученной лексики. Они включают задания на заполнение пропусков, выбор правильного ответа, а также вопросы открытого типа, требующие развернутого ответа. Такой формат способствует развитию навыков чтения, анализа и письменного выражения мыслей на английском языке.

Книга может использоваться как в самостоятельном обучении, так и в рамках учебного процесса под руководством преподавателя. Она подходит для систематической работы и может быть использована как дополнительный материал к основному курсу английского языка уровня B2.

Автор ставит задачу предоставить структурированный и практико-ориентированный ресурс, который помогает обучающимся последовательно развивать языковую компетенцию и уверенность в использовании английского языка в различных ситуациях.

A New Beginning in a New City

Story

Starting a new life in a different city can be both exciting and overwhelming. When I arrived in the city, everything felt unfamiliar: the streets, the buildings, and even the way people spoke. Although I had planned this move carefully, I still felt a mixture of confidence and uncertainty.

On my first morning, I woke up early and looked out of the window. The city was already alive. People were walking quickly to work, cars were moving through busy streets, and cafés were opening their doors. I realized that life here had a faster rhythm than in my hometown. I had to adapt quickly if I wanted to feel comfortable.

My first task was to find a small apartment. I had already booked a temporary place online, but I needed something permanent. I spent the whole day walking around different neighborhoods, visiting buildings, and talking to agents. Some apartments were too expensive, others were too far from the center. However, I did not give up. I reminded myself that every new beginning requires patience.

In the afternoon, I stopped at a small café to rest. The atmosphere was warm and calm, which was a contrast to the busy streets outside. While drinking coffee, I observed people around me. Some were reading books, others were working on laptops. I felt like I was slowly becoming part of this new environment.

Later that day, I met a local agent who showed me a small apartment near a park. It was not perfect, but it was clean, bright, and affordable. Most importantly, it felt like a place where I could start building my new routine. I decided to rent it immediately.

That evening, I walked back through the city. The lights were turning on, and the streets looked different from the morning. I felt tired, but also satisfied. I had completed my first important step in this new city.

Although I still missed my old home, I understood something important: a new city does not become home in one day. It becomes home through small actions, decisions, and experiences. And today was the beginning of that process.

Useful Words and Expressions

unfamiliar — незнакомый

overwhelming — подавляющий, вызывающий сильные
эмоции

mixture — смесь

uncertainty — неопределённость

to adapt — адаптироваться

rhythm of life — ритм жизни

temporary — временный

permanent — постоянный

neighborhood — район

agent — агент, посредник

affordable — доступный по цене

to give up — сдаваться

patience — терпение

atmosphere — атмосфера

contrast — контраст

environment — окружение

routine — рутина, распорядок

to observe — наблюдать

satisfied — удовлетворённый

decision — решение

to settle in — обустроиться

to rent — арендовать

busy streets — оживлённые улицы

to feel at home — чувствовать себя как дома

experience — опыт

Exercises

Exercise 1: Fill in the blanks

Choose the correct word from the list:

(adapt, neighborhood, affordable, uncertainty, atmosphere)

Moving to a new city often causes a feeling of _____.

I need time to _____ to my new environment.

The apartment is nice and _____ for a student.

We walked through a quiet _____ near the park.

The café had a very calm _____.

Exercise 2: Multiple Choice

Why did the narrator visit different apartments?

- A) To meet friends
- B) To find a permanent place to live
- C) To work as an agent
- D) To travel for fun

What was the main problem with some apartments?

- A) They were too small
- B) They were too expensive or far away
- C) They were already rented
- D) They had no furniture

Where did the narrator rest during the day?

- A) In a park
- B) In a hotel
- C) In a café
- D) In a library

Exercise 3: Open Questions (Answer in 2—3 sentences)

Why did the narrator feel both excited and nervous in the new city?

What difficulties did the narrator face when looking for an apartment?

Why did the narrator decide to rent the apartment near the park?

How did the city feel different at night compared to the morning?

What does the narrator learn about adapting to a new place?

Answer Key

Exercise 1

uncertainty

adapt

affordable

neighborhood

atmosphere

Exercise 2

B

B

C

Exercise 3 (Sample Answers)

The narrator felt excited because of new opportunities and nervous because everything was unfamiliar. The combination of hope and uncertainty created mixed emotions. This is typical for major life changes such as moving to a new city.

The narrator faced difficulties such as high prices, inconvenient locations, and limited availability. These factors made the search longer and more tiring than expected. However, persistence helped continue the search.

The apartment near the park was clean, bright, and affordable. It also provided a peaceful environment suitable for building a

new routine. These qualities made it a practical and comfortable choice.

At night, the city felt calmer and visually different because of the lights. The atmosphere became more peaceful compared to the busy morning. This change created a sense of completion for the day.

The narrator learns that adapting to a new place takes time and consistent effort. Home is created gradually through experiences and daily actions. Patience and openness are essential in this process.

The Unexpected Job Offer

Story

I had not planned to change my job that year. In fact, I was relatively satisfied with my current position, even though it was not perfect. The work was stable, my colleagues were friendly, and I had developed a comfortable routine. However, life often introduces changes when we least expect them.

One ordinary afternoon, I received an email that immediately caught my attention. It was from a company I had never applied to directly. At first, I assumed it was a mistake or some kind of automated message. But as I read further, I realized they were offering me an interview for a position in their international department.

I was surprised. I had not actively looked for new opportunities, yet this offer seemed both professional and well-timed. The role involved communication with international clients, project coordination, and occasional travel. It sounded challenging, but also promising.

I spent the next few days thinking carefully about whether I

should accept the interview. On one hand, I did not want to leave my comfort zone. On the other hand, I understood that growth usually requires risk. I discussed the situation with a close friend, who encouraged me to at least explore the opportunity.

Eventually, I decided to attend the interview. I prepared thoroughly, reviewing my experience and practicing answers to common questions. On the day of the interview, I felt nervous but determined. The office was modern and quiet, and the staff welcomed me politely.

The interview itself lasted about an hour. We talked about my previous experience, my skills, and how I would handle certain situations at work. I tried to remain calm and honest, even when I was unsure about some answers.

A few days later, I received another email. This time, it was not an invitation but an offer. They wanted to hire me. The position included better salary, more responsibility, and opportunities for professional development.

I was faced with a difficult decision. Accepting the offer meant leaving a familiar environment and starting over in a new workplace. Declining it meant staying in a safe but limited situation.

After careful reflection, I realized that I did not want to reject an opportunity that might not come again. I accepted the offer.

Looking back, I understood that important changes in life are often unexpected. What begins as a simple email can become a turning point. And sometimes, saying «yes» to uncertainty is the first step toward real progress.

Useful Words and Expressions

position — должность

satisfied — удовлетворённый

routine — рутина, распорядок

to introduce changes — вносить изменения

unexpected — неожиданный

to catch attention — привлечь внимание

automated message — автоматическое сообщение

opportunity — возможность

department — отдел

international clients — международные клиенты

coordination — координация

promising — многообещающий

comfort zone — зона комфорта

to require risk — требовать риска

to encourage — поощрять, поддерживать

to prepare thoroughly — тщательно готовиться

interview — собеседование

determined — решительный

responsibility — ответственность

salary — зарплата

professional development — профессиональное развитие

to decline — отклонять (предложение)

reflection — размышление

turning point — поворотный момент

uncertainty — неопределённость

Exercises

Exercise 1: Fill in the blanks

Choose the correct word:

(opportunity, determined, salary, interview, routine)

I was invited to a job _____ at a modern office.

My daily _____ was stable and predictable.

The company offered a higher _____ than my current job.

I felt _____ to do my best during the meeting.

This job is a great _____ for career growth.

Exercise 2: Multiple Choice

Why was the email surprising?

- A) It was from a friend
- B) The company contacted the narrator without application
- C) It was about a vacation
- D) It was a rejection

What was one benefit of the new job?

- A) Less responsibility
- B) Better salary and development opportunities
- C) Shorter working hours only
- D) No communication required

What did the narrator ultimately decide?

- A) To ignore the email
- B) To decline the offer immediately
- C) To accept the job offer
- D) To move to another country

Exercise 3: Open Questions (Answer in 2—3 sentences)

Why did the narrator hesitate to leave their current job?

What role did the friend play in the decision-making process?

How did the narrator prepare for the interview?

What made the job offer attractive?

What lesson does the narrator learn from this experience?

Answer Key

Exercise 1

interview

routine

salary

determined

opportunity

Exercise 2

B

B

C

Exercise 3 (Sample Answers)

The narrator hesitated because the current job was stable and comfortable. Leaving it meant risking uncertainty and change. Comfort and stability made the decision difficult.

The friend encouraged the narrator to consider the opportunity seriously. They provided emotional support and a more objective perspective. This helped the narrator make a more confident decision.

The narrator prepared by reviewing past experience and practicing common interview questions. This helped increase confidence and reduce nervousness. Preparation played an

important role in performance.

The offer was attractive because it included better salary, more responsibility, and professional growth. It also provided international exposure. These factors made it a significant opportunity.

The narrator learns that unexpected opportunities can lead to important life changes. Accepting uncertainty can result in personal and professional development. Growth often requires courage and openness.

A Day That Changed Everything

Story

Some days begin like any other, without any signs that something important is about to happen. That is exactly how this day started for me. I woke up early, followed my usual routine, and left the house without expecting anything unusual.

The morning was calm and predictable. I went to work, checked my emails, attended a few meetings, and completed my tasks. Everything seemed normal, and there was no reason to think that this day would be different from any other.

Around midday, I received a phone call from an unknown number. At first, I hesitated to answer, but something made me pick up the phone. On the other side, a calm voice introduced themselves and asked if I had a few minutes to talk. It was a representative from a company I had previously worked with on a short-term project.

They explained that an important project I had contributed to had been selected for further development. However, due to unexpected circumstances, the original team could no longer

continue. They wanted me to take part in leading the next phase of the project.

I was completely surprised. I had not expected to be contacted again, especially not with such responsibility. The project was large, complex, and required coordination with multiple departments and international partners.

At first, I felt uncertain. I was not sure if I had enough experience to handle such a role. I asked for time to think, and they agreed. The rest of the day, I could not focus on anything else. My mind kept returning to the same question: should I accept or refuse?

In the evening, I went for a long walk to clear my thoughts. The city was quieter than usual, and the cool air helped me think more clearly. I realized that this opportunity was both a challenge and a chance to grow professionally.

I thought about my past experiences and how I had gradually taken on more responsibility over time. Although I did not feel fully ready, I understood that readiness often comes during the process, not before it.

The next morning, I made my decision. I called back and agreed to take the role.

That day marked a turning point in my life. It was not dramatic or immediately visible to others, but internally, everything had changed. I had stepped into a new level of responsibility and self-trust.

Looking back, I understand that life-changing moments are not always loud or obvious. Sometimes, they arrive quietly through a phone call, a decision, or a simple yes.

Useful Words and Expressions

predictable — предсказуемый

usual routine — обычный распорядок

to attend meetings — посещать встречи

unknown number — неизвестный номер

representative — представитель

previously — ранее

short-term project — краткосрочный проект

to contribute — вносить вклад

selected — выбранный

further development — дальнейшее развитие

circumstances — обстоятельства

responsibility — ответственность

coordination — координация

multiple departments — несколько отделов

international partners — международные партнёры

uncertain — неуверенный

to handle — справляться (с задачей)

to clear thoughts — прояснить мысли

opportunity — возможность

challenge — вызов

readiness — готовность

self-trust — уверенность в себе

turning point — поворотный момент

to agree — соглашаться

to refuse — отказываться

Exercises

Exercise 1: Fill in the blanks

Choose the correct word:

(responsibility, opportunity, predictable, unknown, challenge)

The day started in a very _____ way.

I received a call from an _____ number.

The project was a big _____ for my career.

I was given more _____ than before.

This job is a great _____ for growth.

Exercise 2: Multiple Choice

What happened at midday?

- A) The narrator resigned
- B) The narrator received a phone call
- C) The narrator went on vacation
- D) The narrator had a meeting with friends

Why was the narrator contacted?

- A) For a job interview
- B) To continue a previous project
- C) To cancel a contract
- D) To travel abroad

What did the narrator do at the end of the story?

- A) Refused the offer
- B) Ignored the call
- C) Accepted the role
- D) Changed jobs immediately without thinking

Exercise 3: Open Questions (Answer in 2—3 sentences)

Why did the phone call surprise the narrator?

What problem did the company face with the project?

Why did the narrator go for a walk in the evening?

What helped the narrator make a final decision?

What does the narrator learn about life-changing moments?

Answer Key

Exercise 1

predictable

unknown

challenge

responsibility

opportunity

Exercise 2

B

B

C

Exercise 3 (Sample Answers)

The phone call was unexpected because the narrator did not anticipate being contacted again. It came from a previous work connection. The situation was surprising and unplanned.

The original team could no longer continue the project due to unforeseen circumstances. This created a need for a replacement leader. The project required urgent attention.

The narrator went for a walk to clear their thoughts and reduce stress. It helped create mental clarity. The quiet environment supported reflection.

The decision was influenced by previous experience and a

sense of readiness to grow. The narrator also recognized the opportunity for development. Reflection helped finalize the choice.

The narrator learns that life-changing events often happen unexpectedly. They may appear in ordinary situations. Decisions at such moments can significantly influence the future.

Lost in Translation

Story

When I first started learning a foreign language seriously, I underestimated how much communication depends on more than just vocabulary and grammar. I believed that if I memorized enough words, I would be able to express myself clearly in any situation. However, my first real experience abroad quickly proved me wrong.

I arrived in a foreign country for a short business trip. Everything seemed manageable at first. I could read signs, recognize familiar words, and understand simple phrases. I felt confident enough to navigate the city on my own.

The problem began when I needed to solve practical issues that required more complex communication. On the second day, I went to a local office to confirm some documents related to my stay. I had prepared key phrases in advance and even wrote down important vocabulary in a notebook.

At the office, I explained my situation as clearly as I could. The staff member listened carefully but responded in fast, natural

speech. Although I understood individual words, I struggled to grasp the full meaning. I nodded politely, pretending to understand more than I actually did.

Soon, I realized that something important had gone wrong. I had misunderstood a key instruction about submitting additional documents. As a result, I missed an important deadline. The situation became more complicated than I had expected.

Feeling frustrated, I left the office and sat in a nearby park. I replayed the conversation in my mind, trying to identify where I had gone wrong. It became clear that my problem was not just vocabulary, but also listening comprehension and the ability to respond in real time.

Later that day, I decided to ask a local colleague for help. She patiently explained everything again, this time using simpler language. She also showed me how to ask clarification questions instead of pretending to understand.

That experience changed the way I approached language learning. I realized that communication is not about perfection, but about interaction. Making mistakes is a natural part of the process, and asking for clarification is a strength, not a weakness.

By the end of the trip, I still made errors, but I no longer felt

lost. I began to accept that «lost in translation» is not just a phrase — it is a real experience that teaches important lessons about patience, humility, and learning.

Useful Words and Expressions

- to underestimate — недооценивать
- communication — общение
- vocabulary — словарный запас
- grammar — грамматика
- to memorize — заучивать
- foreign country — зарубежная страна
- manageable — управляемый, посильный
- to navigate — ориентироваться
- practical issues — практические вопросы
- to confirm — подтверждать
- documents — документы
- key phrases — ключевые фразы
- notebook — записная книжка
- to respond — отвечать
- comprehension — понимание (на слух/текст)
- to misunderstand — неправильно понять
- deadline — срок
- frustrated — разочарованный
- clarification — уточнение
- colleague — коллега
- patiently — терпеливо
- interaction — взаимодействие
- real time — реальное время

humility — смирение

learning process — процесс обучения

Exercises

Exercise 1: Fill in the blanks

Choose the correct word:

(misunderstood, communication, deadline, frustrated, clarification)

Good _____ is essential when working in a new environment.

I felt _____ after the conversation went wrong.

I _____ an important instruction from the staff.

The project has a strict _____.

I asked for _____ to understand the situation better.

Exercise 2: Multiple Choice

What was the main problem in the office?

- A) The staff was rude
- B) The narrator could not read
- C) The narrator misunderstood instructions
- D) The office was closed

How did the narrator initially react during the conversation?

- A) They argued
- B) They left immediately
- C) They nodded without full understanding

D) They refused to speak

What helped the narrator improve the situation?

A) Changing the country

B) Asking a colleague for help

C) Ignoring the problem

D) Writing an email only

Exercise 3: Open Questions (Answer in 2—3 sentences)

Why did the narrator feel confident at the beginning of the trip?

What caused the main misunderstanding at the office?

How did the narrator react after realizing the mistake?

What did the colleague explain about communication?

What lesson did the narrator learn from this experience?

Answer Key

Exercise 1
communication
frustrated
misunderstood
deadline
clarification

Exercise 2
C
C
B

Exercise 3 (Sample Answers)

The narrator felt confident because they could understand basic words and phrases. They believed their preparation was sufficient for communication. This created a sense of control at the beginning.

The misunderstanding happened because the narrator did not fully understand spoken instructions. They misinterpreted key information about documents and deadlines. This led to a practical problem.

The narrator felt frustrated and reflected on the conversation. They tried to analyze their mistakes. This helped them

understand the real issue.

The colleague explained that communication requires asking clarification questions. She emphasized that understanding is more important than pretending to understand. This improved the narrator's approach.

The narrator learned that language learning is not about perfection but interaction. Mistakes are part of the process. Asking for help is a valuable skill.

The Interview That Went Wrong

Story

I had attended several job interviews before, but none of them felt as important as this one. The position was in a well-known international company, and the role matched my skills almost perfectly. I spent days preparing, revising my experience, and practicing answers to common interview questions.

On the morning of the interview, I felt unusually confident. I chose formal clothing, reviewed my notes one last time, and left early to avoid any possible delay. Everything seemed under control.

However, things started to go wrong even before I entered the building. The taxi I ordered arrived late, and I had to walk quickly to make it on time. By the time I arrived, I was slightly out of breath and already feeling stressed.

The interview began in a professional and polite manner. The interviewer introduced the company and explained the structure of the meeting. At first, I answered questions clearly and confidently. I spoke about my previous experience, my

strengths, and my motivation for applying.

Then came a question I was not fully prepared for. It was about handling a complex situation under strict time pressure. I understood the question, but I struggled to organize my thoughts quickly. I started speaking too fast, trying to explain everything at once. As a result, my answer became unclear and disorganized.

I noticed the interviewer's expression change slightly. That made me even more nervous. Instead of slowing down, I tried to correct myself immediately, which only made the situation worse. I lost my focus and began repeating ideas without structure.

After that moment, the interview never fully recovered. Although I answered the remaining questions, I no longer felt confident. The natural flow of conversation was gone, replaced by tension and hesitation.

When the interview ended, I left the building quietly. I already knew that it had not gone as well as I had hoped. On the way home, I replayed every answer in my mind, analyzing what I could have done differently.

The most important realization came later that evening. I understood that the problem was not my knowledge or

experience, but my reaction under pressure. I had allowed stress to control my communication.

Even though I did not receive a positive result from that interview, the experience taught me a valuable lesson. Preparation is important, but emotional control is equally essential. A good answer is not only about content, but also about clarity and calmness.

In the end, the interview that went wrong became one of the most useful experiences in my professional development.

Useful Words and Expressions

interview — собеседование

position — должность

well-known — хорошо известный

international company — международная компания

to prepare — готовиться

to revise — повторять, пересматривать

formal clothing — деловая одежда

delay — задержка

to arrive — прибывать

stressed — в состоянии стресса

professional manner — профессиональная манера

interviewer — интервьюер

motivation — мотивация

to handle a situation — справляться с ситуацией

time pressure — ограниченное время

to organize thoughts — организовать мысли

unclear — неясный

disorganized — несвязный

nervous — нервный

expression — выражение лица

confidence — уверенность

hesitation — колебание

tension — напряжение

to analyze — анализировать

emotional control — эмоциональный контроль

Exercises

Exercise 1: Fill in the blanks

Choose the correct word:

(confidence, interview, stressed, delay, unclear)

The _____ started at 10 a.m. sharp.

There was a small _____, so I arrived late.

I felt _____ before entering the room.

My answer became _____ because I spoke too fast.

I lost my _____ during the conversation.

Exercise 2: Multiple Choice

What problem did the narrator face before the interview?

A) Lost documents

B) Taxi delay

C) Wrong company

D) No preparation

What caused the answer to become unclear?

A) Lack of vocabulary

B) Speaking too fast under pressure

C) No understanding of the question

D) Silence during the interview

What did the narrator learn from the experience?

- A) Interviews are not important
- B) Preparation is unnecessary
- C) Emotional control is important
- D) Companies are unfair

Exercise 3: Open Questions (Answer in 2—3 sentences)

Why did the narrator feel confident at the beginning of the interview?

What changed during the difficult question?

How did stress affect the narrator's performance?

What did the narrator do after the interview ended?

What is the main lesson from this experience?

Answer Key

Exercise 1

interview

delay

stressed

unclear

confidence

Exercise 2

B

B

C

Exercise 3 (Sample Answers)

The narrator felt confident because they had prepared carefully and reviewed their experience. They also arrived early and felt in control of the situation. This created a strong initial mindset.

The situation changed when a difficult question was asked. The narrator struggled to organize thoughts quickly. This led to confusion and loss of structure.

Stress caused the narrator to speak too fast and lose clarity. It also increased nervousness and reduced focus. As a result, communication became less effective.

After the interview, the narrator reflected on their performance. They analyzed mistakes and thought about possible improvements. This helped turn the experience into a learning opportunity.

The main lesson is that emotional control is as important as preparation. Clear communication requires calm thinking under pressure. Mistakes can still lead to valuable learning.

A Decision That Was Hard to Make

Story

Some decisions in life seem simple at first, but become increasingly difficult the more you think about them. I experienced this when I had to choose between staying in a stable situation or accepting an uncertain opportunity.

At the time, I was working in a position that I understood well. My responsibilities were clear, my routine was predictable, and I felt comfortable in my daily environment. There were no major problems, but there was also a sense that I had reached a limit in my development.

Around the same period, I received an offer from another organization. The position was more demanding, but it promised professional growth, new skills, and international experience. On paper, it looked like a clear improvement. However, the reality of changing jobs felt more complicated.

For several days, I tried to evaluate both options logically. I made lists of advantages and disadvantages, discussed the situation with colleagues, and even imagined my future in both

scenarios. Despite all this analysis, I still felt uncertain.

One of my main concerns was stability. I was afraid of leaving a familiar environment and entering a place where I might struggle. I also worried about whether I would be able to meet higher expectations. At the same time, I knew that staying in the same position could limit my long-term growth.

As the deadline for my decision approached, I began to feel more pressure. I realized that avoiding the decision was not possible. At some point, I would have to choose one path and accept its consequences.

I decided to take a break from overthinking and went for a long walk. During that time, I reflected not only on the job offer, but also on my personal goals. I asked myself what I wanted in the next few years, not just in the present moment.

Gradually, I understood that comfort was not the same as satisfaction. Although my current job was safe, it was not pushing me forward. The new opportunity, on the other hand, involved risk, but also potential for real development.

In the end, I made my decision. I accepted the new position.

It was not an easy choice, and I did not feel completely certain

even after deciding. However, I understood that important decisions rarely come with full certainty. They are based on trust in oneself and willingness to accept uncertainty.

Looking back, I realized that the difficulty of the decision was not a weakness, but a sign that both options mattered. And sometimes, the hardest decisions are the ones that lead to the most meaningful change.

Useful Words and Expressions

decision — решение

stable situation — стабильная ситуация

uncertain — неопределённый

opportunity — возможность

responsibility — ответственность

predictable — предсказуемый

development — развитие

demanding — требовательный, сложный

professional growth — профессиональный рост

advantage — преимущество

disadvantage — недостаток

to evaluate — оценивать

scenario — сценарий

concern — беспокойство

stability — стабильность

long-term growth — долгосрочное развитие

deadline — крайний срок

pressure — давление

to reflect — размышлять

personal goals — личные цели

satisfaction — удовлетворённость

risk — риск

potential — потенциал

uncertainty — неопределённость

meaningful change — значимые изменения

Exercises

Exercise 1: Fill in the blanks

Choose the correct word:

(decision, stability, opportunity, pressure, evaluate)

I needed to _____ both job offers carefully.

The final _____ was very difficult.

There was a lot of _____ before the deadline.

The new job is a great _____ for growth.

I value _____ in my daily work.

Exercise 2: Multiple Choice

What was the narrator's main dilemma?

- A) Choosing between two cities
- B) Choosing between stability and a new opportunity
- C) Choosing a salary increase only
- D) Choosing a vacation plan

What did the new position offer?

- A) Less responsibility
- B) No changes
- C) Professional growth and new skills
- D) Shorter working hours

What helped the narrator make the decision?

- A) Random choice
- B) Advice from strangers
- C) Reflection on personal goals
- D) Ignoring the problem

Exercise 3: Open Questions (Answer in 2—3 sentences)

Why was the decision difficult for the narrator?

What fears did the narrator have about changing jobs?

How did the narrator try to analyze the options?

What realization helped the narrator decide?

What does the narrator learn about difficult decisions?

Answer Key

Exercise 1

evaluate

decision

pressure

opportunity

stability

Exercise 2

B

C

C

Exercise 3 (Sample Answers)

The decision was difficult because both options had strong advantages and disadvantages. One offered stability, while the other offered growth. This created internal conflict.

The narrator was afraid of losing stability and facing challenges in a new environment. There was also uncertainty about meeting expectations. These fears made the decision harder.

The narrator made lists, discussed with colleagues, and imagined future scenarios. This helped analyze the situation from different perspectives. However, it did not fully remove

uncertainty.

The realization was that comfort does not always equal satisfaction. Growth requires risk and change. This helped clarify priorities.

The narrator learns that difficult decisions often involve uncertainty. They require self-trust and reflection. The most meaningful changes come from taking risks.

Moving Into a New Apartment

Story

Moving into a new apartment is often described as an exciting experience, but in reality, it is usually a mixture of excitement and exhaustion. I experienced this very clearly when I had to move into my first long-term apartment in a new city.

After several weeks of searching, I finally found a place that seemed suitable. It was not large, but it was well-located, reasonably priced, and had enough space for my needs. The decision to rent it felt like an important step toward stability in my new environment.

On the day of the move, I woke up early and felt a combination of anticipation and stress. I had packed most of my belongings the night before, but there were still many small details to manage. I ordered a transport service to help with the heavier items, as I did not want to handle everything alone.

When I arrived at the apartment, I took a moment to look around. The rooms were empty, the walls were plain, and the space felt unfamiliar. Even though I had already seen it before,

it now felt different without furniture and personal items.

The moving process itself took longer than expected. Some boxes were heavier than planned, and organizing everything required more energy than I had anticipated. At one point, I felt slightly overwhelmed by the number of tasks that still needed to be done.

However, I tried to focus on one task at a time. I started with the essentials: placing furniture, arranging basic items, and making sure that everything necessary was functional. Gradually, the apartment began to feel more like a living space and less like an empty room.

In the afternoon, I took a short break and stood by the window. From there, I could see the street below, where people were going about their daily lives. It gave me a sense of connection to the city and reminded me that I was slowly becoming part of this environment.

By the evening, most of the important work was done. The apartment was not fully organized, but it was livable. I felt physically tired, yet emotionally satisfied. There was something meaningful about creating a new space from scratch.

As I sat down for the first time in my new living room, I

realized that moving is not just a physical process. It is also a mental transition. It represents change, adaptation, and the beginning of a new chapter in life.

Although I still had many things to unpack and organize, I already felt a sense of ownership. This was no longer just an apartment. It was becoming my home.

Useful Words and Expressions

to move in	— въезжать (в новое жильё)
apartment	— квартира
long-term	— долгосрочный
suitable	— подходящий
reasonably priced	— по разумной цене
stability	— стабильность
anticipation	— ожидание
exhaustion	— усталость
belongings	— вещи, имущество
transport service	— транспортная служба
unfamiliar	— незнакомый
furniture	— мебель
overwhelming	— подавляющий
essentials	— самое необходимое
functional	— функциональный
to arrange	— расставлять, организовывать
living space	— жилое пространство
to unpack	— распаковывать
break	— перерыв
connection	— связь
environment	— окружение
transition	— переход
ownership	— чувство собственности

to settle in — обустроиться

to become home — становиться домом

Exercises

Exercise 1: Fill in the blanks

Choose the correct word:

(belongings, unfamiliar, exhausted, essentials, apartment)

I moved into a new _____ last week.

I felt completely _____ after the moving process.

The room looked _____ without furniture.

I started with the _____ first, such as a bed and table.

I carefully unpacked all my _____.

Exercise 2: Multiple Choice

What was the apartment like at first?

- A) Fully furnished
- B) Empty and unfamiliar
- C) Already messy
- D) Too small to enter

What did the narrator do first after arriving?

- A) Went to sleep
- B) Started decorating immediately
- C) Looked around the empty rooms
- D) Called friends

How did the narrator feel in the evening?

- A) Angry
- B) Completely confused
- C) Tired but satisfied
- D) Unhappy and stressed

Exercise 3: Open Questions (Answer in 2—3 sentences)

Why did the narrator choose this apartment?

What difficulties appeared during the moving process?

How did the narrator organize the work during the day?

What moment helped the narrator feel connected to the city?

What does the narrator understand about moving into a new home?

Answer Key

Exercise 1

apartment

exhausted

unfamiliar

essentials

belongings

Exercise 2

B

C

C

Exercise 3 (Sample Answers)

The narrator chose the apartment because it was well-located and reasonably priced. It also met basic needs for long-term living. This made it a practical choice.

The moving process was physically demanding and more time-consuming than expected. Some items were heavy and difficult to organize. The number of tasks created pressure.

The narrator focused on one task at a time. They started with essential furniture and basic organization. This helped reduce stress and improve efficiency.

Looking out of the window and seeing the city life helped

create a sense of connection. It reminded the narrator of being part of a larger environment. This was emotionally important.

The narrator understands that moving is not only physical but also emotional. It represents adaptation and a new beginning. A home is created gradually through effort and time.

The First Day at University

Story

The first day at university is often described as an important milestone, and I understood why from the moment I arrived on campus. Everything felt new and slightly intimidating: the large buildings, the unfamiliar faces, and the general sense of activity everywhere.

I woke up earlier than usual that morning. I carefully checked my schedule, made sure I had all the necessary documents, and left the house with a mixture of excitement and nervousness. It felt like I was stepping into a completely new phase of life.

When I arrived, the campus was already full of students. Some were walking quickly between buildings, others were sitting in groups and talking. I tried to observe my surroundings and understand where everything was located. Despite the size of the campus, there was a clear structure, and I slowly began to feel more comfortable.

My first lecture was introduction to my main field of study. The lecture hall was large, and I chose a seat in the middle to have

a good view of the board and the lecturer. The professor began by explaining the course structure, expectations, and assessment criteria.

At first, I found it difficult to follow everything. The academic language was more complex than I expected, and I had to concentrate carefully to understand the main ideas. However, I reminded myself that this was normal for the first day and that adaptation would take time.

During the break, I tried to talk to a few other students. It was not easy at first, as everyone seemed a bit reserved. However, after a few minutes, the conversation became more natural. We discussed our backgrounds, interests, and expectations for the course.

One of the most important things I noticed was the level of independence required at university. Unlike school, there was no constant supervision. Students were expected to manage their own time, organize their studies, and take responsibility for their progress.

After the lectures, I walked around the campus again to get familiar with the environment. I found the library, the cafeteria, and several study areas. Each place seemed designed to support both academic work and social interaction.

By the end of the day, I felt mentally tired but also motivated. The experience was intense, but it gave me a sense of direction. I understood that university was not just about attending classes, but about building habits, discipline, and independence.

As I left the campus, I realized that the first day had already changed my perspective. It was the beginning of a long journey, and although I did not know exactly what to expect, I felt ready to continue.

Useful Words and Expressions

university — университет

campus — кампус

milestone — важный этап

intimidating — пугающий

schedule — расписание

documents — документы

nervousness — нервозность

phase — этап

lecture — лекция

lecture hall — лекционный зал

professor — профессор

course structure — структура курса

assessment criteria — критерии оценки

academic language — академический язык

to concentrate — концентрироваться

adaptation — адаптация

break — перерыв

reserved — сдержанный

independence — независимость

supervision — контроль

responsibility — ответственность

cafeteria — столовая / кафе

study area — зона для учёбы

discipline — дисциплина

perspective — перспектива

Exercises

Exercise 1: Fill in the blanks

Choose the correct word:

(campus, lecture, independence, nervousness, schedule)

I checked my _____ before leaving home.

The _____ was full of students on the first day.

I felt a lot of _____ before the first class.

The professor started the _____ with basic information.

University requires a lot of _____ from students.

Exercise 2: Multiple Choice

What was the narrator's first impression of the university?

- A) Small and empty
- B) Familiar and quiet
- C) Large and slightly intimidating
- D) Poorly organized

What was difficult during the first lecture?

- A) Finding the classroom
- B) Understanding academic language
- C) Meeting students
- D) Reading books

What did the narrator realize about university life?

- A) It is similar to school
- B) It requires independence and responsibility
- C) It is mostly social activity
- D) It has no structure

Exercise 3: Open Questions (Answer in 2—3 sentences)

Why did the first day feel important to the narrator?

What challenges did the narrator face during the lecture?

How did the narrator interact with other students?

What places did the narrator explore on campus?

What does the narrator learn about university life?

Answer Key

Exercise 1

schedule

campus

nervousness

lecture

independence

Exercise 2

C

B

B

Exercise 3 (Sample Answers)

The first day felt important because it marked the beginning of a new stage in life. It represented a transition into higher education. This created a strong emotional impact.

The narrator struggled with academic language and concentration. The content was more complex than expected. This required careful attention.

The narrator initially found it difficult but gradually started conversations. After a few minutes, communication became more natural. This helped reduce tension.

The narrator explored the library, cafeteria, and study areas.

These places supported both learning and social interaction. They helped create familiarity with the campus.

The narrator learns that university requires independence and responsibility. Students must manage their own learning and time. This is a key difference from school.

A Friendship That Started Online

Story

Online communication has become an ordinary part of modern life, but I never expected it to lead to a meaningful friendship. At first, I saw online platforms mainly as tools for sharing information, studying, or staying in contact with people I already knew. I did not think it was possible to build a real connection with someone I had never met in person.

Everything changed when I joined an online discussion group related to language learning. People from different countries participated, sharing their experiences, challenges, and advice. At the beginning, I was mostly silent. I read messages, observed discussions, and occasionally reacted to posts without contributing much myself.

One day, I commented on a post about learning strategies. A few minutes later, someone replied with a thoughtful and detailed response. This led to a short exchange of messages. The conversation felt natural and easy, even though we had never met.

Over time, we began to communicate more regularly. We

discussed not only language learning, but also daily life, cultural differences, and personal goals. What surprised me most was how similar our experiences were, despite living in different countries.

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