

12+ Джуди Грэммер

Повседневный английский для жизни, работы и общения

Слова, фразы и ситуации для уверенного
общения



*Learn English.
Build Your Future.*

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Аннотация

Как эффективно освоить английский для повседневного общения, не теряя интереса и мотивации? Эта книга предлагает системный подход: ключевые слова, устойчивые выражения и реальные ситуации объединены с текстами для чтения, вопросами на понимание и практическими заданиями. Такой метод позволяет развивать лексику, уверенность в речи и критическое мышление, постепенно превращая изучение языка в осознанный и живой процесс.

Содержание

Предисловие	7
Daily Routine	9
Word Power	9
Reading Text	11
Check Your Understanding	12
Build Your Vocabulary	13
Answer Key	15
Family & Friends	17
Word Power	17
Reading Text	20
Check Your Understanding	21
Build Your Vocabulary	22
Answer Key	24
Talking About Yourself	26
Word Power	26
Reading Text	28
Check Your Understanding	29
Build Your Vocabulary	30
Answer Key	32
Asking for Directions	34
Word Power	34
Reading Text	36
Check Your Understanding	37

Build Your Vocabulary	38
Answer Key	40
Shopping	42
Word Power	42
Reading Text	44
Check Your Understanding	45
Build Your Vocabulary	46
Answer Key	48
At the Supermarket	50
Word Power	50
Reading Text	53
Check Your Understanding	54
Build Your Vocabulary	55
Answer Key	57
Eating Out	59
Word Power	59
Reading Text	61
Check Your Understanding	62
Build Your Vocabulary	63
Answer Key	65
Cooking at Home	67
Word Power	67
Reading Text	70
Check Your Understanding	71
Build Your Vocabulary	72
Answer Key	74

Ordering Food Online	76
Word Power	76
Конец ознакомительного фрагмента.	78

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Джуди Грэммер

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Предисловие

Изучение языка — это многогранный процесс, который сочетает в себе усвоение новых слов, грамматических конструкций и устойчивых выражений с формированием навыков практического использования языка в повседневной жизни. В своей работе я стараюсь строить материал таким образом, чтобы учащиеся постепенно осваивали лексику, понимали структуру предложений и развивали уверенность в общении.

Книга организована по темам, отражающим реальные жизненные ситуации: от повседневной рутины и семьи до путешествий, работы, развлечений и общения с природой и животными. Такой подход позволяет не только изучать отдельные слова и выражения, но и видеть, как они функционируют в контексте, что способствует более глубокому усвоению материала и формирует естественные навыки речи.

Каждая глава построена системно: сначала вводятся ключевые слова и фразовые выражения, затем предлагается текст для чтения, содержащий изучаемую лексику, вопросы на понимание, упражнения на закрепление и персонализированные задания. Последние позволяют учащимся использовать слова и выражения в своих собственных примерах,

что делает процесс обучения более живым и индивидуальным.

Особое внимание уделено упражнениям с несколькими вариантами ответов, в которых иногда есть один лишний вариант. Это сделано для того, чтобы ученики могли самостоятельно оценивать различные возможности, сопоставлять значения слов и развивать навыки критического мышления. Такой подход помогает не только запоминать лексику, но и учиться осознанно принимать решения при выборе слов, что особенно важно для реальной коммуникации.

Основная цель этой книги — создать баланс между системным изучением языка и практикой, отражающей реальные жизненные ситуации. Надеюсь, что она станет надежным инструментом для всех, кто стремится не только выучить английский, но и научиться использовать его уверенно, гибко и осознанно.

Daily Routine

Word Power

wake up — просыпаться

I wake up at 7 a.m. every day. — Я просыпаюсь каждый день в 7 утра.

She wakes up early on weekends. — Она просыпается рано по выходным.

have breakfast — завтракать

I usually have breakfast at home. — Я обычно завтракаю дома.

He has breakfast with his family. — Он завтракает с семьей.

go to work / school — идти на работу / в школу

I go to work by bus. — Я еду на работу на автобусе.

My sister goes to school at 8 a.m. — Моя сестра идет в шко-

лу в 8 утра.

take a shower — принимать душ

I take a shower in the morning. — Я принимаю душ утром.

She takes a shower after jogging. — Она принимает душ после пробежки.

go to bed — ложиться спать

I go to bed at 10 p.m. — Я ложусь спать в 10 вечера.

He goes to bed after reading a book. — Он ложится спать после чтения книги.

do homework / chores — делать домашнюю работу / дела по дому

I do homework after school. — Я делаю домашнюю работу после школы.

We do chores every Saturday. — Мы делаем дела по дому каждую субботу.

Reading Text

Every day, I wake up at 7 a.m. and take a shower. After that, I have breakfast with my family. Sometimes I eat cereal, and sometimes I eat eggs. At 8 a.m., I go to work. I usually take the bus, but sometimes I walk.

At work, I have meetings and do my tasks. During lunch, I often eat sandwiches or salad. After work, I go home and sometimes do chores like cleaning or washing dishes. In the evening, I relax, watch TV, or read a book.

My sister has a different routine. She wakes up at 6:30 a.m., takes a shower, and has breakfast quickly. Then she goes to school. After school, she does homework and practices piano. In the evening, she likes to chat with friends online.

At night, we both go to bed at about 10 p.m. Sometimes we stay up later on weekends. This routine helps us stay healthy and organized. Every day is similar, but sometimes we try something new to make our day interesting.

Check Your Understanding

What time does the author usually wake up?

What does the author have for breakfast?

How does the author usually go to work?

What does the sister do after school?

At what time do they usually go to bed?

Build Your Vocabulary

Exercise 1 — Multiple Choice

I usually _____ at 7 a.m.

- a) take a shower
- b) wake up
- c) do homework

She _____ after school.

- a) has breakfast
- b) does homework
- c) goes to bed

We _____ in the evening.

- a) go to work
- b) go to bed

c) wake up

Exercise 2 — Fill in the Gaps

I always _____ at 6:30 a.m.

After breakfast, I _____ to work.

On weekends, I like to _____.

My sister _____ her homework after school.

We usually _____ at 10 p.m.

Exercise 3 — Use It! (Personalized answers)

Today I woke up at _____ and then _____.

After work/school, I usually _____.

On weekends, I like to _____ before going to bed.

Answer Key

Check Your Understanding

7 a.m.

Cereal or eggs (можно любое правильное описание завтрака из текста)

By bus

Does homework and practices piano

About 10 p.m.

Build Your Vocabulary

Exercise 1

1 — b) wake up

2 — b) does homework

3 — b) go to bed

Exercise 2

1 — wake up

2 — go

- 3 — do chores / relax / watch TV (любой логичный вариант)
- 4 — does
- 5 — go to bed

Exercise 3 — примеры для открытых ответов:

- 1 — Today I woke up at 7 a.m. and then took a shower.
- 2 — After work, I usually do chores.
- 3 — On weekends, I like to relax before going to bed.

Family & Friends

Word Power

get along with — ладить с кем-то

I get along with my sister very well. — Я очень хорошо лажу с сестрой.

Do you get along with your classmates? — Ты ладишь со своими одноклассниками?

spend time with — проводить время с

I like to spend time with my family on weekends. — Мне нравится проводить время с семьей по выходным.

She spends a lot of time with her friends. — Она много времени проводит с друзьями.

invite over — приглашать в гости

We invited our friends over for dinner. — Мы пригласили друзей на ужин.

He often invites his cousins over. — Он часто приглашает своих двоюродных братьев в гости.

call / text — звонить / писать (сообщения)

I usually call my parents in the evening. — Я обычно звоню родителям вечером.

She texts her best friend every day. — Она пишет своей лучшей подруге каждый день.

have fun — веселиться

We always have fun at family parties. — Мы всегда весело проводим время на семейных вечеринках.

They had fun at the park yesterday. — Они весело провели время в парке вчера.

celebrate — праздновать

We celebrate birthdays together. — Мы празднуем дни рождения вместе.

She celebrates New Year with her friends. — Она празднует

Новый год с друзьями.

Reading Text

My family is very important to me. I get along with my parents and my sister. We often spend time with each other on weekends. Sometimes we watch movies, and sometimes we cook together.

I also have many friends. I like to invite them over to my house. Last Saturday, I invited over three friends. We played games and had fun. We laughed a lot and talked about school and hobbies.

Even when I cannot see my friends, I always call or text them. My best friend and I talk every day. Sometimes we plan trips or celebrate birthdays together.

Family and friends make life happy. I try to spend time with both, because they are very important. Every evening, I call my parents to tell them about my day. On weekends, I have fun with my sister or my friends. Life is better when you get along with people you love.

Check Your Understanding

Who does the author get along with in the family?

What do they often do on weekends?

How many friends did the author invite over last Saturday?

How does the author keep in touch with friends?

Why is it important to spend time with family and friends?

Build Your Vocabulary

Exercise 1 — Multiple Choice

I like to _____ with my family on weekends.

- a) call
- b) spend time
- c) celebrate

We always _____ at parties.

- a) have fun
- b) invite over
- c) text

She _____ her best friend every day.

- a) calls / texts
- b) spends time

c) gets along

Exercise 2 — Fill in the Gaps

I always _____ my parents in the evening.

Last weekend, I _____ three friends over.

We like to _____ birthdays together.

I get along well with my _____.

On weekends, we _____ games and movies.

Exercise 3 — Use It! (Personalized answers)

Yesterday I spent time with _____ and we _____.

I like to invite _____ over to my house.

My best friend and I always _____ when we cannot meet.

Answer Key

Check Your Understanding

Parents and sister

Watch movies or cook together

Three friends

Calls or texts

Because family and friends are important / make life happy

Build Your Vocabulary

Exercise 1

1 — b) spend time

2 — a) have fun

3 — a) calls / texts

Exercise 2

1 — call

2 — invited

3 — celebrate

4 — sister / family

5 — play / watch (любой логичный вариант)

Exercise 3 — примеры для открытых ответов:

1 — Yesterday I spent time with my sister and we played games.

2 — I like to invite my friends over to my house.

3 — My best friend and I always call or text when we cannot meet.

Talking About Yourself

Word Power

introduce yourself — представиться

Please introduce yourself to the class. — Пожалуйста, представьтесь классу.

I always introduce myself when I meet new people. — Я всегда представляюсь, когда встречаю новых людей.

talk about — говорить о

I like to talk about my hobbies. — Мне нравится говорить о моих хобби.

She talks about her family a lot. — Она много говорит о своей семье.

favorite — любимый

My favorite color is blue. — Мой любимый цвет — синий.

He told me his favorite movie is a comedy. — Он сказал, что его любимый фильм — комедия.

hobby / hobbies — хобби

My hobby is painting. — Моё хобби — рисование.

We share many hobbies like reading and sports. — У нас много общих хобби, например, чтение и спорт.

personality — личность, характер

I think my personality is friendly and helpful. — Я думаю, что у меня дружелюбный и отзывчивый характер.

She has a cheerful personality. — У неё жизнерадостный характер.

share — делиться

I like to share stories about my life. — Мне нравится делиться историями о своей жизни.

He shares his hobbies with his friends. — Он делится своими хобби с друзьями.

Reading Text

When you meet someone new, it is important to introduce yourself. I usually say, «Hi, my name is Anna. I am from London.» After that, I like to talk about my hobbies and interests. My favorite hobby is painting. Sometimes I also read books or play sports.

It is nice to share your thoughts and experiences. For example, I often talk about my family and friends. People like to know about your personality. I think I have a friendly and cheerful personality, and I like meeting new people.

My friends also share their interests. One friend's favorite hobby is photography. Another likes playing the guitar. We often spend time together talking about our hobbies. Sharing your experiences is a good way to make friends and feel comfortable.

When I meet new people, I always try to introduce myself and talk about things I like. It helps others understand me and makes conversations more fun. Everyone has something special to share, so don't be shy. Talking about yourself can be easy and enjoyable!

Check Your Understanding

What should you do first when you meet someone new?

What is the author's favorite hobby?

What do people like to know about you?

How do the author's friends share their interests?

Why is it good to talk about yourself?

Build Your Vocabulary

Exercise 1 — Multiple Choice

When you meet someone new, you should _____.

- a) share hobbies
- b) introduce yourself
- c) play sports

My _____ hobby is painting.

- a) personality
- b) favorite
- c) talk about

We often _____ stories about our lives.

- a) share
- b) introduce

c) favorite

Exercise 2 — Fill in the Gaps

I like to _____ my thoughts with my friends.

When meeting new people, I always _____.

My _____ hobby is reading.

People like to know about your _____.

We often _____ our hobbies with each other.

Exercise 3 — Use It! (Personalized answers)

Today I introduced myself to _____ and we _____.

My favorite hobby is _____ because _____.

I like to share my _____ with friends.

Answer Key

Check Your Understanding

Introduce yourself

Painting

Personality

They share their hobbies and interests

It helps make friends and feel comfortable

Build Your Vocabulary

Exercise 1

1 — b) introduce yourself

2 — b) favorite

3 — a) share

Exercise 2

1 — share

2 — introduce yourself

3 — favorite

4 — personality

5 — share

Exercise 3 — примеры для открытых ответов:

1 — Today I introduced myself to my classmate and we talked about hobbies.

2 — My favorite hobby is painting because it relaxes me.

3 — I like to share my stories with friends.

Asking for Directions

Word Power

turn left / right — повернуть налево / направо

At the next corner, turn left. — На следующем углу поверните налево.

Then, turn right after the traffic lights. — Затем поверните направо после светофора.

go straight — идти прямо

Go straight for two blocks. — Идите прямо два квартала.

After you go straight, you will see the park. — После того как вы пойдёте прямо, увидите парк.

cross the street — перейти улицу

Cross the street carefully. — Осторожно перейдите улицу.

After you cross the street, the shop is on your left. — После

того как перейдёте улицу, магазин будет слева.

near / next to — рядом / возле

The bank is near the supermarket. — Банк рядом с супермаркетом.

The café is next to the library. — Кафе рядом с библиотекой.

ask for directions — спрашивать дорогу

I had to ask for directions to the museum. — Мне пришлось спросить дорогу к музею.

Tourists often ask for directions in a new city. — Туристы часто спрашивают дорогу в новом городе.

landmark — ориентир

Use the tall building as a landmark. — Используйте высокое здание как ориентир.

The church is an important landmark in this town. — Церковь — важный ориентир в этом городе.

Reading Text

When you are in a new city, you may need to ask for directions. Yesterday, I went to a museum. I did not know the way, so I stopped and asked a local man. He told me to go straight for two blocks, then turn left at the traffic lights.

After going straight, I saw a small park. I used it as a landmark. Then I turned right and walked until I reached the museum. It was easy because the building was tall and visible from far away.

Sometimes, it is helpful to cross the street carefully to find the right path. I noticed that the museum was next to a café and near the library. I thanked the man and continued walking.

Asking for directions can be simple if you know some phrases. Always look for landmarks, and don't be afraid to ask for directions. People are usually happy to help. By the time I arrived, I was confident I could find my way anywhere in the city!

Check Your Understanding

Why did the author ask for directions?

What should you do after going straight for two blocks?

Which landmark did the author use to find the museum?

What is the museum next to?

Why is it helpful to ask for directions in a new city?

Build Your Vocabulary

Exercise 1 — Multiple Choice

You should _____ at the next corner.

- a) turn left / right
- b) go straight
- c) ask for directions

The café is _____ the library.

- a) near / next to
- b) cross the street
- c) landmark

Tourists often _____ when they are in a new city.

- a) go straight
- b) ask for directions

c) turn right

Exercise 2 — Fill in the Gaps

At the traffic lights, you need to _____.

I used the tall building as a _____.

The museum is _____ a café.

Always be careful when you _____.

When lost, it is good to _____.

Exercise 3 — Use It! (Personalized answers)

Yesterday I was lost, so I asked _____ for directions.

I found the place by looking for _____.

Next time I will _____ to find the right way.

Answer Key

Check Your Understanding

Because he did not know the way to the museum

Turn left at the traffic lights

A small park (or the tall building)

Next to a café / near the library

Because people can help you find your way

Build Your Vocabulary

Exercise 1

1 — a) turn left / right

2 — a) near / next to

3 — b) ask for directions

Exercise 2

1 — turn left / turn right (зависит от контекста)

2 — landmark

3 — next to

4 — cross the street

5 — ask for directions

Exercise 3 — примеры для открытых ответов:

1 — Yesterday I was lost, so I asked a local man for directions.

2 — I found the place by looking for the tall building as a landmark.

3 — Next time I will ask for directions to find the right way.

Shopping

Word Power

go shopping — ходить за покупками

I usually go shopping on weekends. — Я обычно хожу за покупками по выходным.

She likes to go shopping with her friends. — Ей нравится ходить за покупками с друзьями.

buy — покупать

I want to buy a new dress. — Я хочу купить новое платье.

He buys groceries every Saturday. — Он покупает продукты каждую субботу.

try on — примерять

I like to try on clothes before buying. — Мне нравится примерять одежду перед покупкой.

She tried on three jackets before choosing one. — Она примерила три куртки, прежде чем выбрать одну.

look for — искать

I am looking for a gift for my friend. — Я ищу подарок для друга.

He looks for new shoes in the store. — Он ищет новую обувь в магазине.

pay (for) — платить (за)

I need to pay for my groceries. — Мне нужно заплатить за продукты.

She paid for the coffee and left. — Она заплатила за кофе и ушла.

on sale — по скидке

These shoes are on sale today. — Эти туфли сегодня со скидкой.

I bought a jacket on sale last week. — Я купила куртку со скидкой на прошлой неделе.

Reading Text

On Saturday, I decided to go shopping. First, I looked for a new pair of shoes. I tried on three pairs, and finally, I found the perfect ones. They were also on sale, so I was happy with the price.

Next, I went to the store to buy some clothes. I tried on a jacket and a sweater. Both looked good, but I only bought the jacket because it was on sale.

After that, I needed to pay for my purchases. The cashier was friendly, and I paid for everything quickly.

Shopping is fun when you look for interesting things and try on different options. Sometimes it takes time, but finding something you like is worth it. Later, I went shopping for groceries. I bought fruits, vegetables, and bread. It is important to pay for everything at the end.

I enjoy going shopping with friends because we look for clothes together, try on new outfits, and sometimes buy things on sale. Shopping can be exciting and relaxing at the same time!

Check Your Understanding

What did the author look for first on Saturday?

How many pairs of shoes did the author try on?

Why was the author happy with the shoes?

What did the author buy in the clothes store?

Why does the author enjoy going shopping with friends?

Build Your Vocabulary

Exercise 1 — Multiple Choice

I like to _____ clothes before buying.

- a) try on
- b) pay for
- c) look for

These shoes are _____ today.

- a) on sale
- b) buy
- c) go shopping

Don't forget to _____ your groceries at the counter.

- a) look for
- b) pay for

c) try on

Exercise 2 — Fill in the Gaps

I am _____ a new dress for the party.

She _____ three jackets before choosing one.

These shoes are _____, so I bought them.

I need to _____ my purchases at the cashier.

On Saturdays, I like to _____ with my friends.

Exercise 3 — Use It! (Personalized answers)

Today I went shopping and tried on _____.

I bought _____ because it was _____.

I like to go shopping with _____ and we always _____.

Answer Key

Check Your Understanding

A new pair of shoes

Three pairs

They were on sale

A jacket

Because they look for clothes, try on outfits, and have fun together

Build Your Vocabulary

Exercise 1

1 — a) try on

2 — a) on sale

3 — b) pay for

Exercise 2

1 — looking for

2 — tried on

3 — on sale

4 — pay for

5 — go shopping

Exercise 3 — примеры для открытых ответов:

1 — Today I went shopping and tried on a blue dress.

2 — I bought a jacket because it was on sale.

3 — I like to go shopping with my sister and we always have fun.

At the Supermarket

Word Power

grocery list — список покупок

I made a grocery list before going to the supermarket. — Я составил список покупок перед походом в супермаркет.

She always checks her grocery list to remember everything. — Она всегда проверяет свой список покупок, чтобы ничего не забыть.

pick up — взять, выбрать

I need to pick up some milk and bread. — Мне нужно взять молоко и хлеб.

She picked up fresh vegetables from the store. — Она взяла свежие овощи в магазине.

aisle — проход (в магазине)

The pasta is in the third aisle. — Паста находится в третьем

проходе.

I walked down the aisle looking for cereal. — Я шёл по проходу в поисках хлопьев.

checkout — касса

I paid at the checkout quickly. — Я быстро заплатил на кассе.

The checkout was crowded with people. — На кассе было много людей.

on sale — по скидке

Apples are on sale today. — Сегодня яблоки со скидкой.

I bought some cheese because it was on sale. — Я купил сыр, потому что он был со скидкой.

fresh / frozen — свежий / замороженный

I bought fresh fruits and vegetables. — Я купил свежие фрукты и овощи.

She prefers frozen peas for cooking. — Она предпочитает

замороженный горошек для готовки.

Reading Text

On Saturday morning, I went to the supermarket to buy groceries. First, I made a grocery list to remember everything I needed. I picked up milk, eggs, and bread. Then I went to the fruits section and chose fresh apples and bananas.

I walked down the aisle looking for pasta and rice. Some items were on sale, so I decided to buy extra. In the frozen food section, I picked up some frozen vegetables for dinner.

After I finished shopping, I went to the checkout. There were a few people, but the line moved quickly. I paid for all my items and packed them in a bag.

Shopping at the supermarket is easier when you have a plan. A grocery list helps to pick up everything you need. Looking for fresh products and checking what is on sale makes shopping both fun and efficient.

Later, I carried my groceries home and put fresh fruits in the fridge. I also stored the frozen vegetables in the freezer. By the end of the day, I was happy because I had everything I needed for the week!

Check Your Understanding

What did the author make before going shopping?

Which fresh fruits did the author buy?

Where did the author find frozen vegetables?

What is the checkout?

Why is a grocery list helpful?

Build Your Vocabulary

Exercise 1 — Multiple Choice

I need to _____ some milk and bread.

- a) pick up
- b) aisle
- c) checkout

Apples are _____ today.

- a) fresh
- b) on sale
- c) frozen

I packed all my groceries after paying at the _____.

- a) aisle
- b) checkout

c) pick up

Exercise 2 — Fill in the Gaps

I made a _____ to remember what to buy.

I walked down the _____ looking for pasta.

I bought _____ vegetables for dinner.

Some items were _____, so I bought extra.

I paid for all items at the _____.

Exercise 3 — Use It! (Personalized answers)

Today I went to the supermarket and picked up _____.

I found some items on sale, including _____.

I always make a _____ before shopping to _____.

Answer Key

Check Your Understanding

A grocery list

Apples and bananas

In the frozen food section

The place where you pay for items

It helps to remember everything you need to buy

Build Your Vocabulary

Exercise 1

1 — a) pick up

2 — b) on sale

3 — b) checkout

Exercise 2

1 — grocery list

2 — aisle

3 — frozen

4 — on sale

5 — checkout

Exercise 3 — примеры для открытых ответов:

1 — Today I went to the supermarket and picked up milk and eggs.

2 — I found some items on sale, including apples and cheese.

3 — I always make a grocery list before shopping to remember everything I need.

Eating Out

Word Power

make a reservation — забронировать столик

I need to make a reservation for two at 7 p.m. — Мне нужно забронировать столик на двоих на 7 вечера.

She always makes a reservation on weekends. — Она всегда бронирует столик на выходные.

order — заказывать

I would like to order a pizza, please. — Я хотел бы заказать пиццу, пожалуйста.

He ordered a salad and a drink. — Он заказал салат и напиток.

menu — меню

Can I see the menu, please? — Можно мне посмотреть меню, пожалуйста?

The menu has many vegetarian options. — В меню много вегетарианских блюд.

waiter / waitress — официант / официантка

The waiter brought our drinks quickly. — Официант принес наши напитки быстро.

The waitress was very friendly and helpful. — Официантка была очень дружелюбной и помогала нам.

bill / check — счёт

Can we have the bill, please? — Можно нам счёт, пожалуйста?

I paid the bill after dinner. — Я оплатил счёт после ужина.

tip — чаевые

We usually leave a tip for good service. — Мы обычно оставляем чаевые за хороший сервис.

The waiter was happy with the tip. — Официант был доволен чаевыми.

Reading Text

Last Friday, I decided to go eating out at a new restaurant. First, I called to make a reservation for 7 p.m. When I arrived, the waiter greeted me and showed me to a table.

I looked at the menu carefully. There were many dishes, but I decided to order a pasta and a salad. My friend ordered a pizza. The waitress was very friendly and answered all our questions.

While waiting for our food, we talked and enjoyed the atmosphere. The food arrived quickly, and it was delicious. After finishing, we asked for the bill. I paid and left a small tip for the good service.

Eating out is fun because you can try new foods and relax. It is always polite to make a reservation if the restaurant is busy. Remember to thank the waiter or waitress and leave a tip if the service is good. Next time, I want to order dessert too!

Check Your Understanding

What did the author do before going to the restaurant?

Who showed the author to the table?

What did the author order?

What should you do if the restaurant is busy?

Why did the author leave a tip?

Build Your Vocabulary

Exercise 1 — Multiple Choice

I would like to _____ a pizza.

- a) make a reservation
- b) order
- c) tip

Can we have the _____, please?

- a) bill / check
- b) menu
- c) waiter

The _____ was very friendly and helpful.

- a) waiter / waitress
- b) tip

c) order

Exercise 2 — Fill in the Gaps

I called to _____ a table for two.

I looked at the _____ before choosing my food.

After dinner, we asked for the _____.

We left a small _____ for good service.

The _____ brought our drinks quickly.

Exercise 3 — Use It! (Personalized answers)

Last time I ate out, I ordered _____.

I usually leave a _____ because _____.

Next time I want to try _____ from the menu.

Answer Key

Check Your Understanding

Called to make a reservation

The waiter

Pasta and a salad

Make a reservation

Because the service was good

Build Your Vocabulary

Exercise 1

1 — b) order

2 — a) bill / check

3 — a) waiter / waitress

Exercise 2

1 — make a reservation

2 — menu

3 — bill / check

4 — tip

5 — waiter / waitress

Exercise 3 — примеры для открытых ответов:

1 — Last time I ate out, I ordered spaghetti and a salad.

2 — I usually leave a tip because the service was good.

3 — Next time I want to try the dessert from the menu.

Cooking at Home

Word Power

prepare / make — готовить

I like to prepare dinner for my family. — Мне нравится готовить ужин для своей семьи.

She made a cake yesterday. — Она приготовила торт вчера.

recipe — рецепт

I followed a new recipe for pasta. — Я использовал новый рецепт пасты.

This recipe is easy and delicious. — Этот рецепт простой и вкусный.

ingredient / ingredients — ингредиент / ингредиенты

I need some fresh ingredients for the soup. — Мне нужны свежие ингредиенты для супа.

The main ingredient is chicken. — Основной ингредиент — курица.

boil / fry / bake — варить / жарить / печь

I usually boil eggs for breakfast. — Обычно я варю яйца на завтрак.

She fries vegetables in a pan. — Она жарит овощи на сковороде.

We bake bread every Sunday. — Мы печём хлеб каждое воскресенье.

stir / mix — мешать / смешивать

Stir the soup carefully. — Осторожно помешивайте суп.

I mix flour and eggs for the cake. — Я смешиваю муку и яйца для торта.

set the table — накрывать на стол

I usually set the table before dinner. — Я обычно накрываю на стол перед ужином.

She set the table with plates and glasses. — Она накрыла на стол тарелками и стаканами.

Reading Text

I enjoy cooking at home because it is relaxing and fun. First, I choose a recipe. Today, I decided to make pasta. I checked the ingredients and found everything I needed: pasta, tomatoes, cheese, and spices.

I started by boiling water and then boiled the pasta. While it cooked, I fried some vegetables in a pan. Then I mixed the pasta with the vegetables and added cheese. I stirred everything carefully so it would taste perfect.

Before eating, I set the table with plates, forks, and glasses. My family likes to eat together, so we always set the table nicely. After dinner, we washed the dishes and cleaned the kitchen.

Sometimes I try new recipes to learn new cooking techniques. I like to prepare both simple and more complicated dishes. Cooking at home helps me eat healthy food and save money. I enjoy making meals for my family because they always enjoy it.

Cooking is not just about food; it is also about sharing, tasting, and spending time together. Every day is an opportunity to prepare something new and delicious!

Check Your Understanding

What recipe did the author decide to make today?

Which ingredients were needed for the pasta?

What cooking methods did the author use?

Why does the author set the table before dinner?

Why does the author enjoy cooking at home?

Build Your Vocabulary

Exercise 1 — Multiple Choice

I usually _____ eggs for breakfast.

- a) fry
- b) boil
- c) bake

Before eating, I _____ with plates and glasses.

- a) mix
- b) set the table
- c) stir

I like to follow a new _____ for dinner.

- a) ingredient
- b) recipe

c) pan

Exercise 2 — Fill in the Gaps

I need fresh _____ for the soup.

I _____ vegetables in a pan.

I always _____ everything carefully in the pot.

We like to _____ before dinner.

She _____ a cake yesterday.

Exercise 3 — Use It! (Personalized answers)

Today I prepared _____ for my family.

I like to try new _____ to cook something different.

Before dinner, I set the table with _____.

Answer Key

Check Your Understanding

Pasta

Pasta, tomatoes, cheese, and spices

Boil, fry, mix, stir

To eat together nicely

Because it is relaxing, fun, healthy, and they enjoy it

Build Your Vocabulary

Exercise 1

1 — b) boil

2 — b) set the table

3 — b) recipe

Exercise 2

1 — ingredients

2 — fried

3 — stirred

4 — set the table

5 — made

Exercise 3 — примеры для открытых ответов:

1 — Today I prepared spaghetti for my family.

2 — I like to try new recipes to cook something different.

3 — Before dinner, I set the table with plates, forks, and glasses.

Ordering Food Online

Word Power

place an order — сделать заказ

I usually place an order online for dinner. — Я обычно делаю заказ онлайн на ужин.

She placed an order using a food delivery app. — Она сделала заказ через приложение для доставки еды.

delivery / takeout — доставка / еда навынос

I prefer delivery when I'm busy at home. — Я предпочитаю доставку, когда занят дома.

We ordered takeout from our favorite restaurant. — Мы заказали еду навынос из нашего любимого ресторана.

menu — меню

I looked at the online menu before ordering. — Я посмотрел онлайн-меню перед заказом.

The restaurant's menu has many options for dinner. — В меню ресторана много вариантов на ужин.

special offer / discount — специальное предложение / скидка

I found a special offer for pizza today. — Сегодня я нашел специальное предложение на пиццу.

The app gave a discount for my first order. — Приложение дало скидку на мой первый заказ.

track your order — отслеживать заказ

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